



RESULT

201 - 10000 M (WANITA) AKHIR - Final

Records	Result	Name	Team	Date	vanue
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Heat 1		Start Time: 07:30 am				
Pos	Bib	Athlete	Team	Result	React	Remark
1	910	EFYNA ARES LIZOD	MSN SABAH	44:45.34		
2	912	CHELSIE DEVINA SARAVANAN	MSN SABAH	45:41.29		
3	489	YAP SHAO YIN	MSN SELANGOR	45:57.85		
4	1069	HENG JIA YEE	PULAU PINANG	46:32.23		
5	1070	CHRIS TEOH TZE HUI	PULAU PINANG	46:46.16		
6	1695	Teh Yi Li	SUKMA PERAK	48:12.82		
7	762	SHARUMATHI A/P RAJA KUMARAN	SUKMA JOHOR	48:40.53		
-	86	OOI EE EN	DE ATHLETIC	DNF		
-	18	RAISYA ADELEA BINTI ROHAZAM	TEAM COACH RADELEA	DNS		
-	915	ALYA MARISSA BINTI MAIZUL ANUAR	MSN SABAH	DNS		
-	488	KEE SZE YING	MSN SELANGOR	DNS		



RESULT

10000 M (WANITA) AKHIR

Summary

Rank	Heat	Bib	Name	Team	Result	Remark
1	1	910	EFYNA ARES LIZOD	MSN SABAH	44:45.34	
2	1	912	CHELSIE DEVINA SARAVANAN	MSN SABAH	45:41.29	
3	1	489	YAP SHAO YIN	MSN SELANGOR	45:57.85	
4	1	1069	HENG JIA YEE	PULAU PINANG	46:32.23	
5	1	1070	CHRIS TEOH TZE HUI	PULAU PINANG	46:46.16	
6	1	1695	Teh Yi Li	SUKMA PERAK	48:12.82	
7	1	762	SHARUMATHI A/P RAJA KUMARAN	SUKMA JOHOR	48:40.53	
-	1	18	RAISYA ADELEA BINTI ROHAZAM	TEAM COACH RADELEA	DNS	
-	1	488	KEE SZE YING	MSN SELANGOR	DNS	
-	1	86	OOI EE EN	DE ATHLETIC	DNF	
-	1	915	ALYA MARISSA BINTI MAIZUL ANUAR	MSN SABAH	DNS	



RESULT

202 - 10000 M (LELAKI) AKHIR - Final

Records	Result	Name	Team	Date	vanue
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Heat 1		Start Time: 08:24 am				
Pos	Bib	Athlete	Team	Result	React	Remark
1	458	VASHANTH A/L PUTHISIRAMANI	NEGERI SEMBILAN	35:24.12		
2	785	HARITH DANIAL BIN NORSHAHIZAN	SUKMA JOHOR	35:26.20		
3	523	SHARVISHAKUMAREN A/L MUNIANDY	MSN SELANGOR	35:26.49		
4	772	LAI YI HNG	SUKMA JOHOR	35:30.45		
5	17	Goh Gan Wei	C ATHLETICS CLUB	35:32.57		
6	459	NEM JUN HONG	NEGERI SEMBILAN	35:41.94		
7	791	SIVESH RAO A/L MURALI	SUKMA JOHOR	36:05.71		
8	132	MUHAMMAD ZULFIQAR HAFIZUL BIN IMRAN	VRC ACADEMY	36:28.90		
9	133	KHOR YU JIE	VRC ACADEMY	36:34.70		
10	173	KHOR FONG ZHE	KEDAH	36:56.32		
11	536	Ooi Zhi Xiang	MSN SELANGOR	37:31.17		
12	208	MUHAMMAD NURAMMAR BIN MOHAMMAD IKBAL	COACH KENEY RUN CLINIQUE	37:48.51		
13	410	SHREE RAM A/L RAMESH	SUKMA PERAK	38:25.72		
14	29	YOONG JOE ROY	BE THE BEST ATHLETIC CLUB	38:33.19		
15	1120	AHMAD FAIZ BIN ABDUL RAHIM	SSN JOHOR	38:58.66		
16	939	FAHIM SYAHMI BIN ABDUL RASHID	SP ATHLETICS	42:27.67		
17	940	AKMAL HAFIY BIN ABDUL RASHID	SP ATHLETICS	42:27.88		
-	174	MUHAMMAD HARIS IMAN BIN SHUHAIMI	KEDAH	DNF		
-	554	Yong Jun Seng	MSN SELANGOR	DNF		
-	476	MOHAMMAD SYAKIR DANIEL BIN AZIRA	KELANTAN	DNF		
-	1197	NOR ADAM HARIS BIN NORAZMAN	MSPAANG	DNF		



RESULT

Heat 1

Start Time: 08:24 am

Pos	Bib	Athlete	Team	Result	React	Remark
-	546	Muhammad Dzulkarnain	MSN SELANGOR	DNS		
-	513	TAAJWIN SINGH CHENG	MSN SELANGOR	DNS		
-	633	HARRAZ ASYRAAF BIN ABDUL FATTAH	SSTMI	DNS		
-	20	MUHAMMAD FARHAN BIN MOHD MUZALI	TEAM COACH RADELEA	DNS		
-	243	LEE YIZER	SMJK CONFUCIAN	DNS		
-	769	HON JIA CHENG	SUKMA JOHOR	DNS		
-	787	VISVA RAJ A/L PEARAM	SUKMA JOHOR	DNS		



RESULT

10000 M (LELAKI) AKHIR

Summary

Rank	Heat	Bib	Name	Team	Result	Remark
1	1	458	VASHANTH A/L PUTHISIRAMANI	NEGERI SEMBILAN	35:24.12	
2	1	785	HARITH DANIAL BIN NORSHAHIZAN	SUKMA JOHOR	35:26.20	
3	1	523	SHARVISHAKUMAREN A/L MUNIANDY	MSN SELANGOR	35:26.49	
4	1	772	LAI YI HNG	SUKMA JOHOR	35:30.45	
5	1	17	Goh Gan Wei	C ATHLETICS CLUB	35:32.57	
6	1	459	NEM JUN HONG	NEGERI SEMBILAN	35:41.94	
7	1	791	SIVESH RAO A/L MURALI	SUKMA JOHOR	36:05.71	
8	1	132	MUHAMMAD ZULFIQAR HAFIZUL BIN IMRAN	VRC ACADEMY	36:28.90	
9	1	133	KHOR YU JIE	VRC ACADEMY	36:34.70	
10	1	173	KHOR FONG ZHE	KEDAH	36:56.32	
11	1	536	Ooi Zhi Xiang	MSN SELANGOR	37:31.17	
12	1	208	MUHAMMAD NURAMMAR BIN MOHAMMAD IKBAL	COACH KENEY RUN CLINIQUE	37:48.51	
13	1	410	SHREE RAM A/L RAMESH	SUKMA PERAK	38:25.72	
14	1	29	YOONG JOE ROY	BE THE BEST ATHLETIC CLUB	38:33.19	
15	1	1120	AHMAD FAIZ BIN ABDUL RAHIM	SSN JOHOR	38:58.66	
16	1	939	FAHIM SYAHMI BIN ABDUL RASHID	SP ATHLETICS	42:27.67	
17	1	940	AKMAL HAFIY BIN ABDUL RASHID	SP ATHLETICS	42:27.88	
-	1	787	VISVA RAJ A/L PEARAM	SUKMA JOHOR	DNS	
-	1	476	MOHAMMAD SYAKIR DANIEL BIN AZIRA	KELANTAN	DNF	
-	1	769	HON JIA CHENG	SUKMA JOHOR	DNS	
-	1	633	HARRAZ ASYRAAF BIN ABDUL FATTAH	SSTMI	DNS	
-	1	554	Yong Jun Seng	MSN SELANGOR	DNF	



RESULT

Rank	Heat	Bib	Name	Team	Result	Remark
-	1	546	Muhammad Dzulkarnain	MSN SELANGOR	DNS	
-	1	513	TAAJWIN SINGH CHENG	MSN SELANGOR	DNS	
-	1	243	LEE YIZER	SMJK CONFUCIAN	DNS	
-	1	20	MUHAMMAD FARHAN BIN MOHD MUZALI	TEAM COACH RADELEA	DNS	
-	1	174	MUHAMMAD HARIS IMAN BIN SHUHAIMI	KEDAH	DNF	
-	1	1197	NOR ADAM HARIS BIN NORAZMAN	MSPAHANG	DNF	



RESULT

203A - MELONTAR PELURU (WANITA 16-21 THN) AKHIR - Final

Records	Result	Name	Team	Date	vanue
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Group 1		Start Time: 10:02 pm									
Pos	Bib	Athlete	Team	Result	1	2	3	4	5	6	Remark
1	754	ASYHERINA KUJA	SUKMA	12.92	12.63	12.45	12.77	12.92	X	12.77	
2	474	NUR SYAZLIANA	KELANT	11.63	11.43	10.48	11.11	11.63	11.48	11.26	
3	673	NUR ALYA SAFIAH BT ZULHELMY	PERLIS	10.97	8.91	9.93	9.97	10.07	10.48	10.97	
4	145	SHUHADA	KEDAH	10.57	10.03	10.25	10.13	10.48	10.52	10.57	
5	144	NURUL AQMA	KEDAH	10.36	9.92	X	X	X	10.36	X	
6	1078	HUNG PEI YING	PULAU	10.20	8.93	9.66	9.73	9.19	9.58	10.20	
7	391	NG YI NING	SUKMA	9.54	9.54	8.96	9.28	9.02	9.39	9.40	
8	46	CHONG SZE TENG	SMK SE	9.42	9.42	X	8.22	8.80	9.02	8.00	
9	743	TAN YUN NING	SUKMA	8.60	X	8.60	X				
10	608	NURUL IMAN ANISA	SSTMI	8.46	X	8.46	7.85				
11	1114	SITI ANNUR NADIERA	SSN JO	8.31	8.31	7.99	X				
12	1012	MAISARAH	WIJUAR	8.18	6.91	7.92	8.18				
13	619	NUR ALEEYA MAISARAH	SSTMI	7.49	6.82	7.49	7.37				
14	1116	AZYATI MAISARAH	SSN JO	7.07	7.07	6.93	6.34				
15	1075	TAN YEN YEE	PULAU	7.04	6.94	7.04	6.48				
16	639	LIM SHYUNYI	KC PEG	6.45	6.09	6.38	6.45				
17	811	MAYUREENA SURESHNAN	QUANTU	5.76	5.76	5.33	5.56				



RESULT

MELONTAR PELURU (WANITA 16-21 THN) AKHIR

Summary

Rank	Heat	Bib	Name	Team	Result	Remark
1	1	754	ASYHERINA KUJA	SUKMA	12.92	
2	1	474	NUR SYAZLIANA	KELANT	11.63	
3	1	673	NUR ALYA SAFIAH BT ZULHELMY	PERLIS	10.97	
4	1	145	SHUHADA	KEDAH	10.57	
5	1	144	NURUL AQMA	KEDAH	10.36	
6	1	1078	HUNG PEI YING	PULAU	10.20	
7	1	391	NG YI NING	SUKMA	9.54	
8	1	46	CHONG SZE TENG	SMK SE	9.42	
9	1	743	TAN YUN NING	SUKMA	8.60	
10	1	608	NURUL IMAN ANISA	SSTMI	8.46	
11	1	1114	SITI ANNUR NADIERA	SSN JO	8.31	
12	1	1012	MAISARAH	WIJUAR	8.18	
13	1	619	NUR ALEEYA MAISARAH	SSTMI	7.49	
14	1	1116	AZYATI MAISARAH	SSN JO	7.07	
15	1	1075	TAN YEN YEE	PULAU	7.04	
16	1	639	LIM SHYUNYI	KC PEG	6.45	
17	1	811	MAYUREENA SURESHNAN	QUANTU	5.76	



RESULT

203B - MELONTAR PELURU (WANITA 13-15THN) AKHIR - Final

Records	Result	Name	Team	Date	vanue
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Group 1		Start Time: 10:02 pm									
Pos	Bib	Athlete	Team	Result	1	2	3	4	5	6	Remark
1	1149	NUR DAMIA SAFFIYA	AMJAY	10.46	9.72	10.28	10.46				
2	321	NUR DHIYA ZARA	SMK BU	10.43	9.92	10.43	X				
3	591	ALEXANDRA DANIELLA EVA	TITAN	9.70	8.98	9.07	9.70				
4	332	NUR AIMY QISTINA	SSMT	8.73	8.54	8.73	X				
5	694	SHIN YEN WON	STELLA	7.93	7.93	X	6.97				
6	802	NURUL FARISHA EDRINA	QUANTU	7.81	6.71	7.81	X				
7	880	NUR AINA ZALFRINA	HULA A	7.50	X	6.85	7.50				
8	801	EZ ZUREEN	QUANTU	7.24	6.65	7.24	6.41				
9	692	JAY JORDI ASHA	STELLA	7.19	7.19	6.81	X				
10	805	VICTORIA LEE SHIN YEE	QUANTU	6.68	X	6.46	6.68				
11	695	AVANTIKA ROGINI REDDY	STELLA	6.24	6.24	5.05	5.70				
12	958	LIONG LI XUAN	HAPPY	6.01	6.01	5.82	5.81				
13	1160	NUR DELISHA BT ABDUL HAQQ	CJ ATH	4.90	4.90	4.52	4.88				
-	693	DIVEEYA ISABELLA KANAVAJI	STELLA	NM	X	X	X				



RESULT

MELONTAR PELURU (WANITA 13-15THN) AKHIR

Summary

Rank	Heat	Bib	Name	Team	Result	Remark
1	1	1149	NUR DAMIA SAFFIYA	AMJAY	10.46	
2	1	321	NUR DHIYA ZARA	SMK BU	10.43	
3	1	591	ALEXANDRA DANIELLA EVA	TITAN	9.70	
4	1	332	NUR AIMY QISTINA	SSMT	8.73	
5	1	694	SHIN YEN WON	STELLA	7.93	
6	1	802	NURUL FARISHA EDRINA	QUANTU	7.81	
7	1	880	NUR AINA ZALFRINA	HULA A	7.50	
8	1	801	EZ ZUREEN	QUANTU	7.24	
9	1	692	JAY JORDI ASHA	STELLA	7.19	
10	1	805	VICTORIA LEE SHIN YEE	QUANTU	6.68	
11	1	695	AVANTIKA ROGINI REDDY	STELLA	6.24	
12	1	958	LIONG LI XUAN	HAPPY	6.01	
13	1	1160	NUR DELISHA BT ABDUL HAQQ	CJ ATH	4.90	
-	1	693	DIVEEYA ISABELLA KANAVAJI	STELLA	NM	



RESULT

204 - LOMPAT TINGGI (LELAKI) AKHIR - Final

Records	Result	Name	Team	Date	vanue
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Group 1		Start Time: 10:02 pm				
Pos	Bib	Athlete	Team	Result	Remark	
1	512	MOH KHYE-DOONG	MSN SELANGOR	2.10		
2	153	MOHAMAD NAWAWI BIN MOHAMAD	KEDAH	1.98		
3	784	MUHAMMAD NUR ADNI BIN MOHD YAZID	SUKMA JOHOR	1.98		
4	478	DZUL DARWISY ADAM BIN KHARULASWARI	KELANTAN	1.98		
5	464	MUHAMMAD DANIAL UBaidULLAH B. ZAM ZAIMON	NEGERI SEMBILAN	1.94		
6	1616	UKASHAH FARHAN BIN IMRAN NAIM	MSPAHANG	1.94		
7	481	MUHAMMAD ARIFF IQBAL BIN ABDULLAH	KELANTAN	1.90		
8	517	YEE ZONG HAN	MSN SELANGOR	1.90		
9	462	MUHAMMAD DANISH ZUHAIR BIN ABDULLAH	NEGERI SEMBILAN	1.85		
10	1129	IRFAN DARWISH BIN MOHD PAIRUS	SSN JOHOR	1.85		
11	871	LEE CHI HIN	TSUN JIN HIGH SCHOOL	1.85		
12	520	QUSTAIRI ADAM BIN AMINUDIN	MSN SELANGOR	1.80		
13	187	WONG KAH ONN	BEBAS (WONG KAH ONN)	1.80		
14	66	MUHAMMAD SHAHUL BAHJAT BIN SHARUL MUHAMMAD	SMK SHAH ALAM	1.80		
15	602	FAKRI ZUHAI RI BIN MOHD ZULKEFLI	GOMBAK TITANZ	1.75		
16	366	AZMEER KHAN BIN ALI	SSMT	1.75		
16	116	MUHAMMAD ZUFAR RAIMI BIN MOHD RASHEDY	SSN MELAKA	1.75		
18	550	ADAM HAKIMI BIN MOHD NOH	MSN SELANGOR	1.70		
19	470	MUHAMMAD IMRUL SYAH BIN MOHD ZAMBRI	NEGERI SEMBILAN	1.70		
20	67	ARIF NAUFAL BIN ASRIL	SMK SHAH ALAM	1.65		
21	370	MUHAMMAD FARIES AIHAM BIN ZUKAFLI	SSMT	1.65		
21	1674	GOH ZI XUN	TEAM COACH FAROUK	1.65		



RESULT

Group 1

Start Time: 10:02 pm

Pos	Bib	Athlete	Team	Result	Remark
23	730	FIDILIX A/L EASU RAJA	M.A.G	1.65	
23	689	ALI BIN RAHIME	PERLIS	1.65	
25	194	MUHAMMAD SAYYID DANIAL BIN HASNOL RIZAL	MUTIARA IMPIAN SPINTER	1.65	
26	369	MUHAMMAD RAYYAN HAKIM BIN ZAHIRUDDIN	SSMT	1.60	
26	240	NASHRUL HAZIM BIN MOHD REDZUAN	VORTEX ATHLETIC SEPANG	1.60	
28	872	KOH ZI HONG	TSUN JIN HIGH SCHOOL	1.60	
-	653	LEE AUN	KC PEGASUS	NM	
-	515	ANG MING FENG	MSN SELANGOR	NM	
-	184	MUHAMMAD AMMAR HAZIM BIN ABDUL RAHIM	BEBAS (AMMAR HAZIM)	NM	
-	1066	ADHWA HANASH BIN HALIM	PLN PUTRAJAYA	NM	
-	417	MUHAMMAD RAZIQ MUQRI BIN MOHAMMAD RAMADHAN	SUKMA PERAK	NM	
-	91	NISHANT A/L ASHOK KUMAR	DE ATHLETIC	NM	

Details

Pos	Athlete	Team	Mark	1.60	1.65	1.70	1.75	1.80	1.85	1.90	1.94	1.98	2.02	2.05	2.10	2.15
1	MOH KHYE-DOONG	MSN SELANGOR	2.10	-	-	-	-	-	-	O	O	O	XO	XO	O	XXX
2	MOHAMAD NAWAWI BIN MOHAMAD	KEDAH	1.98	-	-	-	-	-	-	XXO	O	O	XXX			
3	MUHAMMAD NUR ADNI BIN MOHD YAZID	SUKMA JOHOR	1.98	-	-	-	O	O	O	O	O	XXO	XXX			
4	DZUL DARWISY ADAM BIN KHARULASWARI	KELANTAN	1.98	-	-	XO	O	O	O	O	XO	XXO	XXX			
5	MUHAMMAD DANIAL UBaidULLAH B. ZAM ZAIMON	NEGERI SEMBILAN	1.94	-	-	-	-	-	XO	O	XO	XXX				
6	UKASHAH FARHAN BIN IMRAN NAIM	MSPAHANG	1.94	-	-	-	XO	O	O	XO	XXO	XXX				
7	MUHAMMAD ARIFF IQBAL BIN ABDULLAH	KELANTAN	1.90	-	-	-	XO	O	O	O	XXX					
8	YEE ZONG HAN	MSN SELANGOR	1.90	O	O	O	O	XO	XO	XXO	XXX					



RESULT

Pos	Athlete	Team	Mark	1.60	1.65	1.70	1.75	1.80	1.85	1.90	1.94	1.98	2.02	2.05	2.10	2.15
9	MUHAMMAD DANISH ZUHAIR BIN ABDULLAH	NEGERI SEMBILAN	1.85	-	-	XO	O	O	O	XXX						
10	IRFAN DARWISH BIN MOHD PAIRUS	SSN JOHOR	1.85	O	-	XO	O	XO	O	XXX						
11	LEE CHI HIN	TSUN JIN HIGH SCHOOL	1.85	-	-	O	O	O	XO	XXX						
12	QUSTAIRI ADAM BIN AMINUDIN	MSN SELANGOR	1.80	-	-	O	O	O	XXX							
13	WONG KAH ONN	BEBAS (WONG KAH ONN)	1.80	O	O	OO	XO	O	XXX							
14	MUHAMMAD SHAHUL BAHJAT BIN SHARUL MUHAMMAD	SMK SHAH ALAM	1.80	O	O	XO	XO	XO	XXX							
15	FAKRI ZUHAIRI BIN MOHD ZULKEFLI	GOMBAK TITANZ	1.75	O	O	XXO	XO	XXX								
16	AZMEER KHAN BIN ALI	SSMT	1.75	O	O	O	XXO	XXX								
16	MUHAMMAD ZUFAR RAIMI BIN MOHD RASHEDY	SSN MELAKA	1.75	-	O	O	XXO	XXX								
18	Adam Hakimi Bin mohd noh	MSN SELANGOR	1.70	XO	XXO	XO	XXX									
19	MUHAMMAD IMRUL SYAH BIN MOHD ZAMBRI	NEGERI SEMBILAN	1.70	-	-	XXO	XXX									
20	ARIF NAUFAL BIN ASRIL	SMK SHAH ALAM	1.65	O	XO	XXX										
21	MUHAMMAD FARIES AIHAM BIN ZUKAFLI	SSMT	1.65	XO	XO	XXX										
21	GOH ZI XUN	TEAM COACH FAROUK	1.65	XO	XO	-										
23	ALI BIN RAHIME	PERLIS	1.65	XXO	XO	XXX										
23	FIDILIX A/L EASU RAJA	M.A.G	1.65	XXO	XO	XXX										
25	muhammad sayyid danial bin hasnol rizal	MUTIARA IMPIAN SPINTER	1.65	O	XXO	XXX										
26	MUHAMMAD RAYYAN HAKIM BIN ZAHIRUDDIN	SSMT	1.60	XO	XXX											
26	NASHRUL HAZIM BIN MOHD REDZUAN	VORTEX ATHLETIC SEPANG	1.60	XO	XXX											
28	KOH ZI HONG	TSUN JIN HIGH SCHOOL	1.60	XXO	XXX											
29	MUHAMMAD RAZIQ MUQRI BIN MOHAMMAD RAMADHAN	SUKMA PERAK	0.00													
29	ADHWA HANASH BIN HALIM	PLN PUTRAJAYA	0.00													
29	ANG MING FENG	MSN SELANGOR	0.00													



RESULT

Pos	Athlete	Team	Mark	1.60	1.65	1.70	1.75	1.80	1.85	1.90	1.94	1.98	2.02	2.05	2.10	2.15
29	MUHAMMAD AMMAR HAZIM BIN ABDUL RAHIM	BEBAS (AMMAR HAZIM)	0.00	XXX												
29	LEE AUN	KC PEGASUS	0.00													
29	NISHANT A/L ASHOK KUMAR	DE ATHLETIC	0.00	XXX												



RESULT

LOMPAT TINGGI (LELAKI) AKHIR

Summary

Rank	Heat	Bib	Name	Team	Result	Remark
1	1	512	MOH KHYE-DOONG	MSN SELANGOR	2.10	
2	1	153	MOHAMAD NAWAWI BIN MOHAMAD	KEDAH	1.98	
3	1	784	MUHAMMAD NUR ADNI BIN MOHD YAZID	SUKMA JOHOR	1.98	
4	1	478	DZUL DARWISY ADAM BIN KHARULASWARI	KELANTAN	1.98	
5	1	464	MUHAMMAD DANIAL UBaidULLAH B. ZAM ZAIMON	NEGERI SEMBILAN	1.94	
6	1	1616	UKASHAH FARHAN BIN IMRAN NAIM	MSPAHANG	1.94	
7	1	481	MUHAMMAD ARIFF IQBAL BIN ABDULLAH	KELANTAN	1.90	
8	1	517	YEE ZONG HAN	MSN SELANGOR	1.90	
9	1	462	MUHAMMAD DANISH ZUHAIR BIN ABDULLAH	NEGERI SEMBILAN	1.85	
10	1	1129	IRFAN DARWISH BIN MOHD PAIRUS	SSN JOHOR	1.85	
11	1	871	LEE CHI HIN	TSUN JIN HIGH SCHOOL	1.85	
12	1	520	QUSTAIRI ADAM BIN AMINUDIN	MSN SELANGOR	1.80	
13	1	187	WONG KAH ONN	BEBAS (WONG KAH ONN)	1.80	
14	1	66	MUHAMMAD SHAHUL BAHJAT BIN SHARUL MUHAMMAD	SMK SHAH ALAM	1.80	
15	1	602	FAKRI ZUHAI RI BIN MOHD ZULKEFLI	GOMBAK TITANZ	1.75	
16	1	366	AZMEER KHAN BIN ALI	SSMT	1.75	
16	1	116	MUHAMMAD ZUFAR RAIMI BIN MOHD RASHEDY	SSN MELAKA	1.75	
18	1	550	ADAM HAKIMI BIN MOHD NOH	MSN SELANGOR	1.70	
19	1	470	MUHAMMAD IMRUL SYAH BIN MOHD ZAMBRI	NEGERI SEMBILAN	1.70	
20	1	67	ARIF NAUFAL BIN ASRIL	SMK SHAH ALAM	1.65	
21	1	370	MUHAMMAD FARIES AIHAM BIN ZUKAFLI	SSMT	1.65	



RESULT

Rank	Heat	Bib	Name	Team	Result	Remark
21	1	1674	GOH ZI XUN	TEAM COACH FAROUK	1.65	
23	1	730	FIDILIX A/L EASU RAJA	M.A.G	1.65	
23	1	689	ALI BIN RAHIME	PERLIS	1.65	
25	1	194	MUHAMMAD SAYYID DANIAL BIN HASNOL RIZAL	MUTIARA IMPIAN SPINTER	1.65	
26	1	369	MUHAMMAD RAYYAN HAKIM BIN ZAHIRUDDIN	SSMT	1.60	
26	1	240	NASHRUL HAZIM BIN MOHD REDZUAN	VORTEX ATHLETIC SEPANG	1.60	
28	1	872	KOH ZI HONG	TSUN JIN HIGH SCHOOL	1.60	
-	1	653	LEE AUN	KC PEGASUS	NM	
-	1	515	ANG MING FENG	MSN SELANGOR	NM	
-	1	184	MUHAMMAD AMMAR HAZIM BIN ABDUL RAHIM	BEBAS (AMMAR HAZIM)	NM	
-	1	1066	ADHWA HANASH BIN HALIM	PLN PUTRAJAYA	NM	
-	1	417	MUHAMMAD RAZIQ MUQRI BIN MOHAMMAD RAMADHAN	SUKMA PERAK	NM	
-	1	91	NISHANT A/L ASHOK KUMAR	DE ATHLETIC	NM	



RESULT

205A - MEREJAM LEMBING (LELAKI 16-21 THN) AKHIR - Final

Records	Result	Name	Team	Date	vanue
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Group 1		Start Time: 10:02 pm									
Pos	Bib	Athlete	Team	Result	1	2	3	4	5	6	Remark
1	1089	TAN CHUN WEI	PULAU	56.93	53.10	53.63	54.09	56.05	51.55	56.93	
2	779	MOHD NOOR IMAN	SUKMA	56.77	54.89	53.88	55.69	56.77	55.29	53.45	
3	794	CHAI KAI LE	SUKMA	53.34	53.34	X	X	52.07	X	X	
4	1700	TAN KUAN YI	MSN PU	52.82	51.52	50.39	52.82	50.44	50.36	49.15	
5	420	Muhd AZALI	SUKMA	50.52	49.57	45.63	50.52	47.79	46.86	X	
6	118	Muhd IQRAM	SUKMA	48.89	44.09	48.16	42.66	46.21	48.89	41.89	
7	1649	ADDIB EIQRAM MU'IZZUDDIN	POAT	47.86	47.86	X	39.66	44.48	44.49	43.93	
8	1650	Muhd EYRFFAN HAIQAL	POAT	47.84	43.16	45.39	47.84	44.02	X	X	
9	34	Muhd JAMEEL	PLD AG	44.91	42.32	44.91	34.64				
10	421	Muhd AIMAN	SUKMA	44.85	44.85	43.91	43.80				
11	687	Muhd NAUFAL	PERLIS	43.11	42.60	40.94	43.11				
12	222	PUNG AENG ZHI	MUAR C	42.42	42.42	38.42	39.75				
13	223	ALESTAIR CHIA ZHE HAO	MUAR C	41.98	37.76	41.16	41.98				
14	666	ALDEN TAN YU XUE	KC PEG	41.12	41.12	35.68	36.64				
15	110	Muhd ARFAN	SSN M	40.26	36.99	40.26	X				
16	1084	LIM JIN SHEN	PULAU	39.75	36.43	39.75	37.86				
17	1608	Muhd AFIQ	MSPAHA	37.83	37.33	X	37.83				
18	656	KOH WAY HO	KC PEG	34.06	33.12	34.06	X				
19	601	MOHAMED SHAHAZAAD	GOMBAK	34.05	X	34.05	X				



RESULT

Group 1		Start Time: 10:02 pm									
Pos	Bib	Athlete	Team	Result	1	2	3	4	5	6	Remark
20	786	CHONG KAH BAO	SUKMA	33.52	X	32.58	33.52				
21	111	Muhd ADI PUTRA	SSN M	32.59	X	32.59	27.48				
22	858	RYAN O'NEIL	IPTEK	28.78	27.87	28.78	27.12				
23	816	Muhd HAZIQ	QUANTU	28.60	28.55	26.10	28.60				
24	296	FAHIM AQIL	KELAB	17.99	17.96	17.94	17.99				
-	182	Mohd RIDZUAN SHAH	KEDAH	NM	X	X	-				
-	813	TAN YU SHEN	QUANTU	NM	X	X	X				



RESULT

MEREJAM LEMBING (LELAKI 16-21 THN) AKHIR

Summary

Rank	Heat	Bib	Name	Team	Result	Remark
1	1	1089	TAN CHUN WEI	PULAU	56.93	
2	1	779	MOHD NOOR IMAN	SUKMA	56.77	
3	1	794	CHAI KAI LE	SUKMA	53.34	
4	1	1700	TAN KUAN YI	MSN PU	52.82	
5	1	420	Muhd AZALI	SUKMA	50.52	
6	1	118	Muhd IQRAM	SUKMA	48.89	
7	1	1649	ADDIB EIQRAM MU'IZZUDDIN	POAT	47.86	
8	1	1650	Muhd EYRFFAN HAIQAL	POAT	47.84	
9	1	34	Muhd JAMEEL	PLD AG	44.91	
10	1	421	Muhd AIMAN	SUKMA	44.85	
11	1	687	Muhd NAUFAL	PERLIS	43.11	
12	1	222	PUNG AENG ZHI	MUAR C	42.42	
13	1	223	ALESTAIR CHIA ZHE HAO	MUAR C	41.98	
14	1	666	ALDEN TAN YU XUE	KC PEG	41.12	
15	1	110	Muhd ARFAN	SSN M	40.26	
16	1	1084	LIM JIN SHEN	PULAU	39.75	
17	1	1608	Muhd AFIQ	MSPAHA	37.83	
18	1	656	KOH WAY HO	KC PEG	34.06	
19	1	601	MOHAMED SHAHAZAAD	GOMBAK	34.05	
20	1	786	CHONG KAH BAO	SUKMA	33.52	
21	1	111	Muhd ADI PUTRA	SSN M	32.59	
22	1	858	RYAN O'NEIL	IPTEK	28.78	
23	1	816	Muhd HAZIQ	QUANTU	28.60	
24	1	296	FAHIM AQIL	KELAB	17.99	



RESULT

Rank	Heat	Bib	Name	Team	Result	Remark
-	1	182	Mohd RIDZUAN SHAH	KEDAH	NM	
-	1	813	TAN YU SHEN	QUANTU	NM	



RESULT

205B - MEREJAM LEMBING (LELAKI 13-25 THN) AKHIR - Final

Records	Result	Name	Team	Date	vanue
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Group 1		Start Time: 10:02 pm									
Pos	Bib	Athlete	Team	Result	1	2	3	4	5	6	Remark
1	1109	AHMAD FATTAHUL FAYYAD	SSN JO	47.17	47.04	47.17	X				
2	593	NIK ZARIF IKHWAN	TITAN	46.31	46.31	42.23	44.31				
3	807	AISY IKMAL	QUANTU	41.00	39.35	41.00	35.85				
4	870	LEE YI LANG	TSUN J	35.68	35.68	33.45	X				
5	186	Muhd HADIF IMAN	SSN M	32.95	32.41	32.95	X				
6	882	TUAN Muhd AMMAR ASHRAF B. TUAN MOHD ROSLI	HULA A	23.35	X	19.25	23.35				
7	927	AQIL RAYYAN	SP ATH	11.70	X	11.70	X				
-	31	Muhd HAFIZ	PLD AG	NM	X	X	X				
-	869	SAM YI HANG	TSUN J	NM	X	X	X				
-	926	Mohd MUADDIB ISKANDAR	SP ATH	NM	X	X	X				



RESULT

MEREJAM LEMBING (LELAKI 13-25 THN) AKHIR

Summary

Rank	Heat	Bib	Name	Team	Result	Remark
1	1	1109	AHMAD FATTAHUL FAYYAD	SSN JO	47.17	
2	1	593	NIK ZARIF IKHWAN	TITAN	46.31	
3	1	807	AISY IKMAL	QUANTU	41.00	
4	1	870	LEE YI LANG	TSUN J	35.68	
5	1	186	Muhd HADIF IMAN	SSN M	32.95	
6	1	882	TUAN Muhd AMMAR ASHRAF B. TUAN MOHD ROSLI	HULA A	23.35	
7	1	927	AQIL RAYYAN	SP ATH	11.70	
-	1	31	Muhd HAFIZ	PLD AG	NM	
-	1	869	SAM YI HANG	TSUN J	NM	
-	1	926	Mohd MUADDIB ISKANDAR	SP ATH	NM	



RESULT

206 - 200 M (WANITA) - Heats

Records	Result	Name	Team	Date	vanue
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Heat 1					Start Time: 09:11 am	Wind: -0.9 m/s	
Pos	Bib	Athlete	Team	Result	React	Remark	
1	42	ASHLEY ELLIS GAN	SMK SERI SENTOSA	27.95		q	
2	951	NURDAMIA SYAHRIAH BINTI IRWAN SYAH	MSS TERENGGANU	28.90			
3	349	MIA VEYLIDIA MOHD RODZI	SSMT	29.13			
4	949	NURATIA FALISHA BINTI MOHAMAD NAZRUL NAZIB	BEECITY SQUAD	29.29			
5	935	NOR AUNI ZAHRA BINTI MD ARIF	SP ATHLETICS	32.42			
6	325	AMEERA SYAKIRA BINTI ABDUL MALIK	KELAB OLAHRAGA SETIAWANGSA	33.00			
7	4	DAYAINI LAVANESH	JEGA ATHLETIC CLUB	33.05			
8	424	ONG RAEYEN	KAWAN ATHLETICS	33.25			

Heat 2					Start Time: 09:14 am	Wind: -0.5 m/s	
Pos	Bib	Athlete	Team	Result	React	Remark	
1	351	SITI ZULAIQA BINTI MOHD ZAMRI	SSMT	27.15		q	
2	213	SITI NUR HANA BINTI ENDERA RUZIMAN	MRSM PASIR SALAK	27.86		q	
3	354	NUR KHAIRINA IRDINA BINTI MOHAMMAD KHAIRIL ANWAR	SSMT	28.20		q	
4	14	CHEE JIA JIE	C ATHLETICS CLUB	28.59			
5	952	JAELYNN TOH JIA YING	MSS TERENGGANU	30.17			
6	972	KOH LER YIN	TCH ATHLETICS CLUB	30.28			
7	564	THESHNASHRI SARGUNAN	KELAB OLAHRAGA SHAHSARA	31.52			
-	1015	ZARA SOFEA BT SABIDI	WIJUARA	DNS			



RESULT

Heat 3			Start Time: 09:17 am	Wind: +0.1 m/s		
Pos	Bib	Athlete	Team	Result	React	Remark
1	355	MISKA HAKIKI BINTI MOHD RIDZUWAN	SSMT	28.21		q
2	953	INTAN ZAHIRA BINTI PAUZI	MSS TERENGGANU	29.55		
3	1057	AINA NURAFREENA BINTI MOHD JOHARI	PLN PUTRAJAYA	31.13		
4	822	PUVITHRA RAHJ	PANDAN PERDANA RUNNING CLUB	32.54		
5	285	AININ NAURA BINTI NURULFAEZI	KELAB OLAHRAGA BP	34.99		
6	241	TEY WEI WEI	SMJK CONFUCIAN	38.90		
-	827	SIVANEITRA A/P GOKILAVANAN	PANDAN PERDANA RUNNING CLUB	DNS		
-	1001	MIA ERYNA BINTI ABD SAMAD	WIJUARA	DNS		

Heat 4			Start Time: 09:20 am	Wind: -0.7 m/s		
Pos	Bib	Athlete	Team	Result	React	Remark
1	1112	QISYA EIRDEENA BINTI AHMAD SUHAIMI	SSN JOHOR	29.62		
2	248	FARISHA ARIANA BINTI MOHD FAIZAL MAZLY	JEGA TALENT ATHLETIC CLUB	30.81		
3	855	NUR DAMIA ZAHRA BINTI KHAIRUL RIDZUAN	IPTEK	31.71		
4	422	MELISSA BOO SZE JIE	KAWAN ATHLETICS	31.84		
5	974	DEBBIE BOON HUI YI	TCH ATHLETICS CLUB	32.51		
6	1131	MAAYA LAKSHMIE	MBPJ	33.29		
7	824	SAESHA THINAKARAN	PANDAN PERDANA RUNNING CLUB	40.79		
-	691	QASIF ADELIA ROSIDI	QAR ATHLETICS	DNS		



RESULT

Heat 5			Start Time: 09:23 am	Wind: +0.3 m/s		
Pos	Bib	Athlete	Team	Result	React	Remark
1	304	NUR AFIDA FARISYA BINTI AHMAD FIRDAUS	SMK BUKIT NENAS	27.781		q
2	745	ANIS BATRISYAH BINTI NORIEZAD	SUKMA JOHOR	28.35		q
3	1113	NUR FARAH INSYIRAH TAN BINTI ABDULLAH	SSN JOHOR	28.40		q
4	854	ATHRISYA ANNDRINA BINTI RAENY RAZLEE	IPTEK	29.06		
5	347	NURIN DAMIA KARMILA BINTI ROSDAN	SSMT	29.41		
6	1151	Nur Damia Adira Binti Norazhar	AMJAY	31.74		
7	842	NUR ERNYA QISTINA BINTI ABDULLAH	SMK SERI PERMAISURI	32.16		
8	934	NUR ELYSHA MAISARA BINTI SAHRIN	SP ATHLETICS	37.11		

Heat 6			Start Time: 09:25 am	Wind: -0.7 m/s		
Pos	Bib	Athlete	Team	Result	React	Remark
1	753	ANG JIA HUAN	SUKMA JOHOR	26.69		q
2	908	SITI NORJAHERA BINTI BELIAMOR	MSN SABAH	26.82		q
3	451	ADRIANA BINTI SHAHRYLL NIZAM	NEGERI SEMBILAN	27.01		q
4	748	MAIZURAH BT. SAFREE	SUKMA JOHOR	27.64		q
5	1010	NUR IRDINA SYAUQINA BINTI GHAZALI	WIJUARA	27.85		q
6	1633	HO JUN LIN	POAT	28.32		q
7	259	KEYSHA WONG KAI XIN	BEBAS (KEYSHA)	28.99		
8	716	KIRTINA DEWI A/P GOPI NATHAN	BEECITY SQUAD	31.44		

Heat 7			Start Time: 09:31 am	Wind: -1.0 m/s		
Pos	Bib	Athlete	Team	Result	React	Remark
1	1625	IZZATUL MUSFIRAH BINTI AHMAD KAMAL AZIRA	POAT	25.64		q
2	492	DHANEA MARSYELLA BT EEHSAN	MSN SELANGOR	28.180		q



RESULT

Heat 7			Start Time: 09:31 am	Wind: -1.0 m/s		
Pos	Bib	Athlete	Team	Result	React	Remark
3	744	NURUL KHALIESAH BINTI MOHD. FAUZI	SUKMA JOHOR	28.181		q
4	32	SITI ANIS DANIA BINTI ROSLEE	PLD AG	30.69		
5	423	CHIN JENE TONG	KAWAN ATHLETICS	32.65		
-	576	NUR QAISARA QRISTINA	TITAN ATHLETICS	DQ		
-	452	QAISARA DAMIA BINTI MOHD IZAJA	NEGERI SEMBILAN	DQ		
-	718	ALISHA ZAHRA	BEECITY SQUAD	DNS		

Heat 8			Start Time: 09:34 am	Wind: -0.7 m/s		
Pos	Bib	Athlete	Team	Result	React	Remark
1	5	NEO EN YU	SINGAPORE SPORTS SCHOOL (SSP)	27.06		q
2	1627	NUR AINA SYAKIRA BINTI MOHD RAFIZAN	POAT	27.34		q
3	757	IZZATUL NADIRA BINTI JAAFAR	SUKMA JOHOR	28.60		
4	1110	SHARIFAH INTAN ZUHAIRA BT SYED NURAZAM	SSN JOHOR	28.99		
5	726	NURUL 'AIN SYAQIRAH BINTI ISA	M.A.G	30.08		
6	177	NURSUAIDAH ASYIQIN BINTI MOHD YATIM	PANTHER ATHLETIC CLUB	32.67		
7	1673	NUR BATRISYA KHAIRIN BINTI MOHAMED KHALID	TEAM COACH FAROUK	33.27		
-	1666	MICHELLE HOO YING	SSMP	DNS		

Heat 9			Start Time: 09:37 am	Wind: -1.0 m/s		
Pos	Bib	Athlete	Team	Result	React	Remark
1	1626	NOR ALIYA NAJIHAH BINTI MUDA	POAT	26.47		q
2	758	NOR MALISYA BINTI MOHD ISHAK	SUKMA JOHOR	27.790		q
3	190	AIRISH ADREANA BT MD ZUKI	MUTIARA IMPIAN SPINTER	28.39		q
4	191	SITI HAWA BINTI ABDUL HALIM	MUTIARA IMPIAN SPINTER	28.99		



RESULT

Heat 9			Start Time: 09:37 am	Wind: -1.0 m/s		
Pos	Bib	Athlete	Team	Result	React	Remark
5	1111	NUR DAMIA MIRZA BINTI MOHD SYAHID	SSN JOHOR	29.37		
6	247	EVA TOK PEI WEN	JEGA TALENT ATHLETIC CLUB	29.85		
7	825	THASHA THINAKARAN	PANDAN PERDANA RUNNING CLUB	32.63		
-	178	NUR FATIHAH BINTI ABDUL HAQ	PANTHER ATHLETIC CLUB	DNS		

Heat 10			Start Time: 09:41 am	Wind: -1.2 m/s		
Pos	Bib	Athlete	Team	Result	React	Remark
1	760	NUR ZALIFAH HALISYA BINTI A.HALIM	SUKMA JOHOR	27.52		q
2	1678	SITI NUR AZREEN BINTI MOHD AZMI	POAT	28.25		q
3	41	SHU SHIN YII	SMK SERI SENTOSA	28.71		
4	828	KIIRTHIGA A/P MAHINTRA	PANDAN PERDANA RUNNING CLUB	31.52		
5	1672	CHAU JYNN JYNN	TEAM COACH FAROUK	33.38		
-	1004	SHANJANAA G VELAN	WIJUARA	DQ		
-	1665	EUNICE TAN QIAN ROU	SSMP	DNS		



RESULT

200 M (WANITA)

Summary

Rank	Heat	Bib	Name	Team	Result	Remark
1	7	1625	IZZATUL MUSFIRAH BINTI AHMAD KAMAL AZIRA	POAT	25.64	q
2	9	1626	NOR ALIYA NAJIHAH BINTI MUDA	POAT	26.47	q
3	6	753	ANG JIA HUAN	SUKMA JOHOR	26.69	q
4	6	908	SITI NORJAHERA BINTI BELIAMOR	MSN SABAH	26.82	q
5	6	451	ADRIANA BINTI SHAHRYLL NIZAM	NEGERI SEMBILAN	27.01	q
6	8	5	NEO EN YU	SINGAPORE SPORTS SCHOOL (SSP)	27.06	q
7	2	351	SITI ZULAIQA BINTI MOHD ZAMRI	SSMT	27.15	q
8	8	1627	NUR AINA SYAKIRA BINTI MOHD RAFIZAN	POAT	27.34	q
9	10	760	NUR ZALIFAH HALISYA BINTI A.HALIM	SUKMA JOHOR	27.52	q
10	6	748	MAIZURAH BT. SAFREE	SUKMA JOHOR	27.64	q
11	5	304	NUR AFIDA FARISYA BINTI AHMAD FIRDAUS	SMK BUKIT NENAS	27.781	q
12	9	758	NOR MALISYA BINTI MOHD ISHAK	SUKMA JOHOR	27.790	q
13	6	1010	NUR IRDINA SYAUQINA BINTI GHAZALI	WIJUARA	27.85	q
14	2	213	SITI NUR HANA BINTI ENDERA RUZIMAN	MRSM PASIR SALAK	27.86	q
15	1	42	ASHLEY ELLIS GAN	SMK SERI SENTOSA	27.95	q
16	7	492	DHANE MARSYELLA BT EEHSAN	MSN SELANGOR	28.180	q
17	7	744	NURUL KHALIESAH BINTI MOHD. FAUZI	SUKMA JOHOR	28.181	q
18	2	354	NUR KHAIRINA IRDINA BINTI MOHAMMAD KHAIRIL ANWAR	SSMT	28.20	q
19	3	355	MISKA HAKIKI BINTI MOHD RIDZUWAN	SSMT	28.21	q
20	10	1678	SITI NUR AZREEN BINTI MOHD AZMI	POAT	28.25	q
21	6	1633	HO JUN LIN	POAT	28.32	q



RESULT

Rank	Heat	Bib	Name	Team	Result	Remark
22	5	745	ANIS BATRISYAH BINTI NORIEZAD	SUKMA JOHOR	28.35	q
23	9	190	AIRISH ADREANA BT MD ZUKI	MUTIARA IMPIAN SPINTER	28.39	q
24	5	1113	NUR FARAH INSYIRAH TAN BINTI ABDULLAH	SSN JOHOR	28.40	q
25	2	14	CHEE JIA JIE	C ATHLETICS CLUB	28.59	
26	8	757	IZZATUL NADIRA BINTI JAAFAR	SUKMA JOHOR	28.60	
27	10	41	SHU SHIN YII	SMK SERI SENTOSA	28.71	
28	1	951	NURDAMIA SYAHRIAH BINTI IRWAN SYAH	MSS TERENGGANU	28.90	
29	9	191	SITI HAWA BINTI ABDUL HALIM	MUTIARA IMPIAN SPINTER	28.99	
29	6	259	KEYSHA WONG KAI XIN	BEBAS (KEYSHA)	28.99	
29	8	1110	SHARIFAH INTAN ZUHAIRA BT SYED NURAZAM	SSN JOHOR	28.99	
32	5	854	ATHRISYA ANNDRIANA BINTI RAENY RAZLEE	IPEK	29.06	
33	1	349	MIA VEYLIDIA MOHD RODZI	SSMT	29.13	
34	1	949	NURATIA FALISHA BINTI MOHAMAD NAZRUL NAZIB	BEECITY SQUAD	29.29	
35	9	1111	NUR DAMIA MIRZA BINTI MOHD SYAHID	SSN JOHOR	29.37	
36	5	347	NURIN DAMIA KARMILA BINTI ROSDAN	SSMT	29.41	
37	3	953	INTAN ZAHIRA BINTI PAUZI	MSS TERENGGANU	29.55	
38	4	1112	QISYA EIRDEENA BINTI AHMAD SUHAIMI	SSN JOHOR	29.62	
39	9	247	EVA TOK PEI WEN	JEGA TALENT ATHLETIC CLUB	29.85	
40	8	726	NURUL 'AIN SYAQIRAH BINTI ISA	M.A.G	30.08	
41	2	952	JAELYNN TOH JIA YING	MSS TERENGGANU	30.17	
42	2	972	KOH LER YIN	TCH ATHLETICS CLUB	30.28	
43	7	32	SITI ANIS DANIA BINTI ROSLEE	PLD AG	30.69	
44	4	248	FARISHA ARIANA BINTI MOHD FAIZAL MAZLY	JEGA TALENT ATHLETIC CLUB	30.81	



RESULT

Rank	Heat	Bib	Name	Team	Result	Remark
45	3	1057	AINA NURAFREENA BINTI MOHD JOHARI	PLN PUTRAJAYA	31.13	
46	6	716	KIRTINA DEWI A/P GOPI NATHAN	BEECITY SQUAD	31.44	
47	10	828	KIIRTHIGA A/P MAHINTRA	PANDAN PERDANA RUNNING CLUB	31.52	
47	2	564	THESHNASHRI SARGUNAN	KELAB OLAHRAGA SHAHSARA	31.52	
49	4	855	NUR DAMIA ZAHRA BINTI KHAIRUL RIDZUAN	IPTEK	31.71	
50	5	1151	Nur Damia Adira Binti Norazhar	AMJAY	31.74	
51	4	422	MELISSA BOO SZE JIE	KAWAN ATHLETICS	31.84	
52	5	842	NUR ERNYA QISTINA BINTI ABDULLAH	SMK SERI PERMAISURI	32.16	
53	1	935	NOR AUNI ZAHRA BINTI MD ARIF	SP ATHLETICS	32.42	
54	4	974	DEBBIE BOON HUI YI	TCH ATHLETICS CLUB	32.51	
55	3	822	PUVITHRA RAHJ	PANDAN PERDANA RUNNING CLUB	32.54	
56	9	825	THASHA THINAKARAN	PANDAN PERDANA RUNNING CLUB	32.63	
57	7	423	CHIN JENE TONG	KAWAN ATHLETICS	32.65	
58	8	177	NURSUAIDAH ASYIQIN BINTI MOHD YATIM	PANTHER ATHLETIC CLUB	32.67	
59	1	325	AMEERA SYAKIRA BINTI ABDUL MALIK	KELAB OLAHRAGA SETIAWANGSA	33.00	
60	1	4	DAYAINI LAVANESH	JEGA ATHLETIC CLUB	33.05	
61	1	424	ONG RAEYEN	KAWAN ATHLETICS	33.25	
62	8	1673	NUR BATRISYA KHAIRIN BINTI MOHAMED KHALID	TEAM COACH FAROUK	33.27	
63	4	1131	MAAYA LAKSHMIE	MBPJ	33.29	



RESULT

Rank	Heat	Bib	Name	Team	Result	Remark
64	10	1672	CHAU JYNN JYNN	TEAM COACH FAROUK	33.38	
65	3	285	AININ NAURA BINTI NURULFAEZI	KELAB OLAHRAGA BP	34.99	
66	5	934	NUR ELYSHA MAISARA BINTI SAHRIN	SP ATHLETICS	37.11	
67	3	241	TEY WEI WEI	SMJK CONFUCIAN	38.90	
68	4	824	SAESHAA THINAKARAN	PANDAN PERDANA RUNNING CLUB	40.79	
-	7	718	ALISHA ZAHRA	BEECITY SQUAD	DNS	
-	7	452	QAISARA DAMIA BINTI MOHD IZAJA	NEGERI SEMBILAN	DQ	
-	10	1665	EUNICE TAN QIAN ROU	SSMP	DNS	
-	10	1004	SHANJANAA G VELAN	WIJUARA	DQ	
-	7	576	NUR QAISARA QRISTINA	TITAN ATHLETICS	DQ	
-	2	1015	ZARA SOFEA BT SABIDI	WIJUARA	DNS	
-	3	1001	MIA ERYNA BINTI ABD SAMAD	WIJUARA	DNS	
-	9	178	NUR FATIHAH BINTI ABDUL HAQ	PANTHER ATHLETIC CLUB	DNS	
-	3	827	SIVANEITRA A/P GOKILAVANAN	PANDAN PERDANA RUNNING CLUB	DNS	
-	4	691	QASIF ADELIA ROSIDI	QAR ATHLETICS	DNS	
-	8	1666	MICHELLE HOO YING	SSMP	DNS	



RESULT

207 - 200 M (LELAKI) - Heats

Records	Result	Name	Team	Date	vanue
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Heat 1					Start Time: 09:44 am	Wind: -0.8 m/s	
Pos	Bib	Athlete	Team	Result	React	Remark	
1	898	RADEN ADEEB HAYYAN BIN M. HARIZAN	SAAS ATHLETICS	25.30			
2	580	MUHAMMAD NOORSYAKIR HADI BIN NOORIZAL	TITAN ATHLETICS	25.41			
3	437	ILMI ZAFRI BIN IZWAN	KAWAN ATHLETICS	25.85			
4	1153	MUHAMMAD AMMAR BIN ROSDI	AMJAY	26.28			
5	74	CYRILL EDGAR ANAK BELILI JAY	SMK SHAH ALAM	26.85			
6	1155	MUHAMMAD SALAHUDDIN BIN MOHD NORHAFIZAN	AMJAY	28.14			
7	435	RAIHAN WONG BIN FAKRUL ANUAR	KAWAN ATHLETICS	29.06			
-	1061	EMEER IDRAKI SIRHAN BIN MOHD SAIFUL	PLN PUTRAJAYA	DNS			

Heat 2					Start Time: 09:47 am	Wind: -1.3 m/s	
Pos	Bib	Athlete	Team	Result	React	Remark	
1	991	AKMALUDIN BIN SHAARI	SMK KOMPLEKS KLIA	24.88			
2	249	LEE ZHAN XIONG	JEGA TALENT ATHLETIC CLUB	24.97			
3	581	REHAN RAIQAL BIN RENI	TITAN ATHLETICS	25.44			
4	1157	MUHAMMAD AIDIL IRFAN BIN ZAKARIA	AMJAY	25.71			
5	1126	MUHAMMAD RAYYAN FARISH BIN MOHD FADZIL	SSN JOHOR	26.11			
6	438	SAW YUN HO	KAWAN ATHLETICS	26.46			
7	75	TENGGU PUTERA ANAS ZAHIN BIN TENGKU AZEEZON	SMK SHAH ALAM	27.67			
-	436	NOAH CHAN RUI	KAWAN ATHLETICS	DNS			



RESULT

Heat 3			Start Time: 09:50 am	Wind: +1.1 m/s		
Pos	Bib	Athlete	Team	Result	React	Remark
1	1038	MUHAMMAD IMRAN ISMAIL BIN SHARIMAN	WIJUARA	24.13		
2	1158	MUHAMMAD FAID QAYYUM BIN MOHD FAIDZOL	AMJAY	27.05		
3	251	LIEW PIN YUAN	JEGA TALENT ATHLETIC CLUB	27.93		
4	238	MOHAMMED DON MIKAIL B MOHAMMED ZARIM	VORTEX ATHLETIC SEPANG	29.60		
5	439	TONG JUN KHYE	KAWAN ATHLETICS	30.09		
-	568	MUHAMMAD ALAMIN BAKHTIAR BIN MUHAMMAD HATTA	KELAB OLAHRAGA SHAHSARA	DNS		
-	659	YONG YOONG HAO	KC PEGASUS	DNS		
-	255	ASHER KARIM SHAN KAMAHL	BARRACUDA ATHLETICS ACADEMY	DNS		

Heat 4			Start Time: 09:54 am	Wind: -0.8 m/s		
Pos	Bib	Athlete	Team	Result	React	Remark
1	1023	VALEN GAN SEONG HOO	WIJUARA	23.17		q
2	256	SOL ZECHA SIMMONS	BARRACUDA ATHLETICS ACADEMY	24.01		
3	579	MUHAMMAD HAIKAL HAKIMY BIN ABDULLAH	TITAN ATHLETICS	24.46		
4	1051	MUHAMMAD ADAM HAZIQ BIN ABDULLAH SANI	WIJUARA	25.35		
5	440	YONG QI HOONG	KAWAN ATHLETICS	26.30		
6	263	IBNU MUHAIMIN BIN IBNU IKHRAM	MRSM PASIR SALAK	26.42		
7	660	LAU JING YANG	KC PEGASUS	27.74		
-	569	ASIM HARRAZ BIN ABDUL HADI	KELAB OLAHRAGA SHAHSARA	DNS		



RESULT

Heat 5		Start Time: 09:59 am			Wind: +0.2 m/s	
Pos	Bib	Athlete	Team	Result	React	Remark
1	1026	YAP EN THONG	WIJUARA	23.67		
2	541	Nur Nuhammad Azhad bin Jamalludin	MSN SELANGOR	23.96		
3	264	MUHAMMAD IKHWAN BIN ABDUL AZIZ	MRSM PASIR SALAK	24.93		
4	735	MURHARRY MUTHU KUMAR	M.A.G	26.94		
5	654	WONG SWEE HOE	KC PEGASUS	27.55		
6	873	FARM SZE YANG	TSUN JIN HIGH SCHOOL	28.86		
-	311	MUHAMMAD KHAIRUL MUADZ BIN KHAIRUL FADLAN	SMK BUKIT NENAS	DQ		
-	1059	MUHAMMAD ADAM HAZIQ BIN ABDULLAH SANI	PLN PUTRAJAYA	DNS		

Heat 6		Start Time: 10:02 am			Wind: +1.5 m/s	
Pos	Bib	Athlete	Team	Result	React	Remark
1	1048	NADIM HADIF BIN MOHD NAZMI	WIJUARA	23.34		q
2	1124	MUHAMMAD FAIZ SYAZWAN BIN MOHD FAIZAL	SSN JOHOR	24.30		
3	847	MUHAMAD MALIKUL ZAYYAN BIN MOHAMAD SHUKRI	SMK SERI PERMAISURI	25.97		
4	312	MUHAMMAD AQIL AFIF BIN MD KHAIRUL ANWAR	SMK BUKIT NENAS	26.39		
5	907	IZDIYAD MARZUQI BIN AZUDIN	SAAS ATHLETICS	27.02		
6	265	MUHAMMAD RAYYAN QAISER B. MUNAWARUS SHAHNAZ	MRSM PASIR SALAK	27.22		
7	833	ISYRAF	PANDAN PERDANA RUNNING CLUB	28.80		
-	542	Ng Zhong Hao	MSN SELANGOR	DNS		

Heat 7		Start Time: 10:06 am			Wind: -0.3 m/s	
Pos	Bib	Athlete	Team	Result	React	Remark



RESULT

Heat 7			Start Time: 10:06 am	Wind: -0.3 m/s		
Pos	Bib	Athlete	Team	Result	React	Remark
1	1053	MUHAMMAD AIRIEL ISAAC B. SHAHNNAN NUDDIM	WIJUARA	23.73		
2	895	M. AMMAR AMSYAR BIN ABDUL MALIK	SAAS ATHLETICS	24.05		
3	1125	MUHAMMAD SAIFUL NAZRAN BIN SURIAHAIRUL	SSN JOHOR	24.97		
4	566	IZZ RAMLI RIZAL HASHIM	KELAB OLAHRAGA SHAHSARA	25.56		
5	981	MUHAMMAD AKID SHAZUAR B. MOHD RADZUAN	SMK KOMPLEKS KLIA	27.40		
6	432	CHEW ZHE SHENG	KAWAN ATHLETICS	27.62		
7	942	Muhammad Amjad Rifqi Bin Noor Azman	SP ATHLETICS	30.32		
-	364	MUHAMMAD HAZIQ BIN MOHD RUSDI	SSMT	DQ		

Heat 8			Start Time: 10:10 am	Wind: -0.8 m/s		
Pos	Bib	Athlete	Team	Result	React	Remark
1	7	ETHAN ROMAN	SINGAPORE SPORTS SCHOOL (SSP)	23.434		q
2	37	DANIAL IZDIHAR BIN MUHAMMAD ROSLEE	BEBAS (DANIAL)	23.68		
3	531	Muhammad Ilham bin Mohammad	MSN SELANGOR	23.88		
4	329	GAVIN FEBRIANSYAH BIN NUVI NURDIANSYAH	KELAB OLAHRAGA SETIAWANGSA	24.44		
5	65	MUHAMMAD HANIF HAFIZHAN B. MAHAREZAL	SMK SHAH ALAM	24.45		
6	956	MUHAMMAD HAZIQ BIN NAZER MOHAMED	MSS TERENGGANU	25.20		
7	836	KUGANESH A/L VEERA MOGAN	PANDAN PERDANA RUNNING CLUB	30.13		
-	667	MARCUS LIEW ZHI XUAN	KC PEGASUS	DNS		



RESULT

Heat 9			Start Time: 10:13 am	Wind: -0.5 m/s		
Pos	Bib	Athlete	Team	Result	React	Remark
1	399	SAMUEL RAJ A/L DANIEL	SUKMA PERAK	22.45		q
2	8	MOHAMMED THAMIR KHAIRAN S/O MOHAMMED FADULI	SINGAPORE SPORTS SCHOOL (SSP)	24.07		
3	179	AMIRUL AMAANULLAH BIN MOHD SA'AD	PANTHER ATHLETIC CLUB	24.79		
4	1062	AZEEM ISYRAF BIN AZRI	PLN PUTRAJAYA	25.42		
5	720	NEALFAIZ ADAM	BEECITY SQUAD	26.60		
6	1052	ADAM ZAYYAN SHAH BIN SHAHRIZAL	WIJUARA	27.21		
7	442	ANSON WONG YU JER	KAWAN ATHLETICS	27.34		
-	39	IZZAT HIZAMI BIN ROSLAN	BEBAS (IZZAT)	DNS		

Heat 10			Start Time: 10:16 am	Wind: +0.2 m/s		
Pos	Bib	Athlete	Team	Result	React	Remark
1	518	MUHAMMAD RAZIQ BIN ROSZAMANI	MSN SELANGOR	22.89		q
2	789	MUHAMMAD YAFIK HAKIMI BIN AZMIR ESMAD	SUKMA JOHOR	23.11		q
3	1099	MUHAMAD ADAM ISHAMI BIN AZMI	SBYRC	23.53		q
4	465	AHMAD ARIQ NAJMI BIN AZHARI	NEGERI SEMBILAN	23.54		q
5	195	muhammad alif ikhwan bin mohd nasrul	MUTIARA IMPIAN SPINTER	24.00		
6	36	MUHAMMAD KHAIRULANAM BIN MOHAMAD RAPAIEE	PLD AG	24.02		
7	1121	HANIQ ZAKWAN BIN MOHD IRWAN	SSN JOHOR	24.59		
8	737	TAN HONG YU	M.A.G	24.82		

Heat 11			Start Time: 10:20 am	Wind: +0.4 m/s		
Pos	Bib	Athlete	Team	Result	React	Remark
1	149	MUHAMMAD DZUL DANISH BIN JAMARI	KEDAH	23.63		



RESULT

Heat 11			Start Time: 10:20 am	Wind: +0.4 m/s		
Pos	Bib	Athlete	Team	Result	React	Remark
2	1101	MUHAMAD SYAZWAN B. MOHD SHUFFIAN @ MOHD ZUKI	RAUB BLUE FOXES	24.57		
3	820	AHMAD SHAH ZIKRI BIN AHMAD KAMAL	CFC ATHLETICS	24.80		
4	1122	MUHAMMAD RIFFAN ALIF BIN LECK RENLIS	SSN JOHOR	25.76		
-	519	MUHAMMAD ARYAN SYAHMI BIN AIDIL HAKIM	MSN SELANGOR	DNS		
-	1613	MUHAMMAD RIZAL MIKHAIL BIN MOHD ROMZI	MSPAANG	DNS		
-	48	ADAM RAYYAN ARSHAD BIN RUBY SYARIZAD	SMK SERI SENTOSA	DNS		
-	376	Uzair Bin Farid	MSNM	DNS		

Heat 12			Start Time: 10:22 am	Wind: +1.4 m/s		
Pos	Bib	Athlete	Team	Result	React	Remark
1	400	SERAN NAIDU A/L DORAI SEELAN NAIDU	SUKMA PERAK	23.23		q
2	788	MUHAMAD FAHIM BIN MOHD. FAIZAL	SUKMA JOHOR	23.439		q
3	1123	MUHAMMAD AQIEL SAID BIN FAJAR RINANTO	SSN JOHOR	24.01		
4	590	ZAID IQRAM BIN ZANUDDIN	TITAN ATHLETICS	24.84		
5	835	LAAKSHMAN	PANDAN PERDANA RUNNING CLUB	25.71		
6	69	NIK MUHAMMAD SAID SYAHMI BIN NIK MOHD KAMAL	SMK SHAH ALAM	25.81		
7	1675	MU'AZ FAHRI BIN ROSHIMI	TEAM COACH FAROUK	26.59		
-	1194	MUHAMMAD HAZIQ DANISH BIN MAZLAN	MSPAANG	DNS		

Heat 13			Start Time: 10:26 am	Wind: +0.7 m/s		
Pos	Bib	Athlete	Team	Result	React	Remark
1	509	DANISH IRFAN	MSN SELANGOR	22.74		q
2	1682	AMZAR BIN RUSLI	MSS TERENGGANU	23.16		q



RESULT

Heat 13		Start Time: 10:26 am			Wind: +0.7 m/s	
Pos	Bib	Athlete	Team	Result	React	Remark
3	631	MUHAMMAD ISKANDAR BIN ROSLAN	SSTMI	23.48		q
4	205	IMAN HAKIMIE B SHAMSSUL ANUAR	MUTIARA IMPIAN SPINTER	23.64		
5	790	MUHAMMAD NUR ERFAN BIN MOHAMAD FAIZAL	SUKMA JOHOR	23.80		
6	455	AHMAD ZAID BIN ABAS	NEGERI SEMBILAN	24.77		
7	1	AHMAD AIDIL HAQIMIE B. ABDULLAH	BEBAS 09	24.85		
8	890	MUHAMMAD AQIF IFWAD	SAAS ATHLETICS	25.53		

Heat 14		Start Time: 10:29 am			Wind: -0.8 m/s	
Pos	Bib	Athlete	Team	Result	React	Remark
1	524	AHMAD SUFI	MSN SELANGOR	23.08		q
2	918	AIREL AMANI BIN KAHAR	MSN SABAH	23.13		q
3	1641	MUHAMAD HILMIE SYAKIF BIN MUHAMAD ZAKI	POAT	23.15		q
4	209	JEHAN SUHAIDI	COACH KENEY RUN CLINIQUE	23.66		
5	456	AVINASH MITRAN A/L VELU	NEGERI SEMBILAN	24.03		
6	736	CLIFFORD KHOO	M.A.G	25.20		
7	859	WAN MUHAMMAD FARHAN BIN WAN MOHD SYAHRIL	IPTEK	25.43		
8	216	MUHAMMAD IKMAL HADI BIN ZULFADZLY	MRSM PASIR SALAK	25.62		

Heat 15		Start Time: 10:33 am			Wind: -0.1 m/s	
Pos	Bib	Athlete	Team	Result	React	Remark
1	1095	DARWISH RUSHDAN BIN MOHAMAD FIRDAUS	PULAU PINANG	22.77		q
2	766	MUHAMMAD HARITH HAIKAL BIN MOHD. ARSHAD	SUKMA JOHOR	22.93		q
3	1610	MUHAMMAD NUR HARRIS BIN AZHAR	MSPAANG	23.27		q



RESULT

Heat 15		Start Time: 10:33 am			Wind: -0.1 m/s	
Pos	Bib	Athlete	Team	Result	React	Remark
4	460	MUHAMMAD IMAN SYAQIR BIN MOHD FAISAL	NEGERI SEMBILAN	23.52		q
5	892	AHMED HARISH ZAFRAN BIN ROSDEE	SAAS ATHLETICS	23.62		q
6	1676	SYED IRFAN WAJDI BIN SYED NAJIBULLAH	TEAM COACH FAROUK	26.90		
7	279	NATHAN ZHIYU OH	FALCON ATHLETICS	27.89		
-	571	MUHAMMAD IQBAL SYAMIL BIN MOHAMAD FARIZAL	BEBAS (IQBAL SYAMIL)	DNS		

Heat 16		Start Time: 10:36 am			Wind: -1.1 m/s	
Pos	Bib	Athlete	Team	Result	React	Remark
1	796	DANISH IFTIKHAR BIN MUHAMMAD ROSLEE	SUKMA JOHOR	22.42		q
2	1647	ABDUL RAHMAN KARAMI BIN HAMDAN	POAT	23.40		q
3	1683	MUHAMMAD ADRY FAKHRY BIN MOHD AZLIM	MSS TERENGGANU	23.92		
4	183	MUHAMMAD AIMAN HUSAINI BIN MOHD ZAKI	BEBAS (AIMAN HUSAINI)	24.29		
5	551	Iman Farish Naquddin Bin Hairul Faszeli	MSN SELANGOR	24.43		
6	1623	KOH SHUN YUAN	SEK MEN CHONG HWA PSDN KL	24.82		
7	280	RAJA MUHAMMAD RAED BIN RAJA AZLAN	FALCON ATHLETICS	27.04		
-	586	MUHAMMAD FAKHRIY FASYEEN BIN ABDULLAH	TITAN ATHLETICS	DNS		

Heat 17		Start Time: 10:40 am			Wind: -0.1 m/s	
Pos	Bib	Athlete	Team	Result	React	Remark
1	768	MUHAMMAD AIRIEL ISKANDAR BIN RUSLI	SUKMA JOHOR	22.82		q



RESULT

Heat 17

Start Time: 10:40 am

Wind: -0.1 m/s

Pos	Bib	Athlete	Team	Result	React	Remark
2	837	MAGESWARAN A/L THURAI SINGAM	PANDAN PERDANA RUNNING CLUB	23.83		
3	318	MUHAMMAD AMSHAR DARWISH BIN MOHD SHARUDIN	SMK BUKIT NENAS	24.49		
4	955	MUHAMMAD FATHURRAHMAN BIN MOHD AZLI	MSS TERENGGANU	24.70		
5	587	MUHAMMAD FARIHIN ZULQARNAIN	TITAN ATHLETICS	25.12		
6	1677	YUVAN A/L MURUGESAN	TEAM COACH FAROUK	25.99		
7	866	UTHMAN HAIQAL B SHAIFUL AFZAN	CLP ATHLETIC PUTRAJAYA	30.44		
-	28	MUHAMMAD IMAN SYAQIR BIN MOHD FAISAL	BAC	DNS		



RESULT

200 M (LELAKI)

Summary

Rank	Heat	Bib	Name	Team	Result	Remark
1	16	796	DANISH IFTIKHAR BIN MUHAMMAD ROSLEE	SUKMA JOHOR	22.42	q
2	9	399	SAMUEL RAJ A/L DANIEL	SUKMA PERAK	22.45	q
3	13	509	DANISH IRFAN	MSN SELANGOR	22.74	q
4	15	1095	DARWISH RUSHDAN BIN MOHAMAD FIRDAUS	PULAU PINANG	22.77	q
5	17	768	MUHAMMAD AIRIEL ISKANDAR BIN RUSLI	SUKMA JOHOR	22.82	q
6	10	518	MUHAMMAD RAZIQ BIN ROSZAMANI	MSN SELANGOR	22.89	q
7	15	766	MUHAMMAD HARITH HAIKAL BIN MOHD. ARSHAD	SUKMA JOHOR	22.93	q
8	14	524	AHMAD SUFI	MSN SELANGOR	23.08	q
9	10	789	MUHAMMAD YAFIK HAKIMI BIN AZMIR ESMAD	SUKMA JOHOR	23.11	q
10	14	918	AIREL AMANI BIN KAHAR	MSN SABAH	23.13	q
11	14	1641	MUHAMAD HILMIE SYAKIF BIN MUHAMAD ZAKI	POAT	23.15	q
12	13	1682	AMZAR BIN RUSLI	MSS TERENGGANU	23.16	q
13	4	1023	VALEN GAN SEONG HOO	WIJUARA	23.17	q
14	12	400	SERAN NAIDU A/L DORAI SEELAN NAIDU	SUKMA PERAK	23.23	q
15	15	1610	MUHAMMAD NUR HARRIS BIN AZHAR	MSPAANG	23.27	q
16	6	1048	NADIM HADIF BIN MOHD NAZMI	WIJUARA	23.34	q
17	16	1647	ABDUL RAHMAN KARAMI BIN HAMDAN	POAT	23.40	q
18	8	7	ETHAN ROMAN	SINGAPORE SPORTS SCHOOL (SSP)	23.434	q
19	12	788	MUHAMAD FAHIM BIN MOHD. FAIZAL	SUKMA JOHOR	23.439	q
20	13	631	MUHAMMAD ISKANDAR BIN ROSLAN	SSTMI	23.48	q
21	15	460	MUHAMMAD IMAN SYAQIR BIN MOHD FAISAL	NEGERI SEMBILAN	23.52	q
22	10	1099	MUHAMAD ADAM ISHAMI BIN AZMI	SBYRC	23.53	q



RESULT

Rank	Heat	Bib	Name	Team	Result	Remark
23	10	465	AHMAD ARIQ NAJMI BIN AZHARI	NEGERI SEMBILAN	23.54	q
24	15	892	AHMED HARISH ZAFRAN BIN ROSDEE	SAAS ATHLETICS	23.62	q
25	11	149	MUHAMMAD DZUL DANISH BIN JAMARI	KEDAH	23.63	
26	13	205	IMAN HAKIMIE B SHAMSSUL ANUAR	MUTIARA IMPIAN SPINTER	23.64	
27	14	209	JEHAN SUHAIDI	COACH KENEY RUN CLINIQUE	23.66	
28	5	1026	YAP EN THONG	WIJUARA	23.67	
29	8	37	DANIAL IZDIHAR BIN MUHAMMAD ROSLEE	BEBAS (DANIAL)	23.68	
30	7	1053	MUHAMMAD AIRIEL ISAAC B. SHAHNNAN NUDDIM	WIJUARA	23.73	
31	13	790	MUHAMMAD NUR ERFAN BIN MOHAMAD FAIZAL	SUKMA JOHOR	23.80	
32	17	837	MAGESWARAN A/L THURAI SINGAM	PANDAN PERDANA RUNNING CLUB	23.83	
33	8	531	Muhammad Ilham bin Mohammad	MSN SELANGOR	23.88	
34	16	1683	MUHAMMAD ADRY FAKHRY BIN MOHD AZLIM	MSS TERENGGANU	23.92	
35	5	541	Nur Nuhammad Azhad bin Jamalludin	MSN SELANGOR	23.96	
36	10	195	muhammad alif ikhwan bin mohd nasrul	MUTIARA IMPIAN SPINTER	24.00	
37	4	256	SOL ZECHA SIMMONS	BARRACUDA ATHLETICS ACADEMY	24.01	
37	12	1123	MUHAMMAD AQIEL SAID BIN FAJAR RINANTO	SSN JOHOR	24.01	
39	10	36	MUHAMMAD KHAIRULANAM BIN MOHAMAD RAPAIEE	PLD AG	24.02	
40	14	456	AVINASH MITRAN A/L VELU	NEGERI SEMBILAN	24.03	
41	7	895	M. AMMAR AMSYAR BIN ABDUL MALIK	SAAS ATHLETICS	24.05	
42	9	8	MOHAMMED THAMIR KHAIRAN S/O MOHAMMED FADULI	SINGAPORE SPORTS SCHOOL (SSP)	24.07	
43	3	1038	MUHAMMAD IMRAN ISMAIL BIN SHARIMAN	WIJUARA	24.13	
44	16	183	MUHAMMAD AIMAN HUSAINI BIN MOHD ZAKI	BEBAS (AIMAN HUSAINI)	24.29	



RESULT

Rank	Heat	Bib	Name	Team	Result	Remark
45	6	1124	MUHAMMAD FAIZ SYAZWAN BIN MOHD FAIZAL	SSN JOHOR	24.30	
46	16	551	Iman Farish Naquddin Bin Hairul Faszeli	MSN SELANGOR	24.43	
47	8	329	GAVIN FEBRIANSYAH BIN NUVI NURDIANSYAH	KELAB OLAHRAGA SETIAWANGSA	24.44	
48	8	65	MUHAMMAD HANIF HAFIZHAN B. MAHAREZAL	SMK SHAH ALAM	24.45	
49	4	579	MUHAMMAD HAIKAL HAKIMY BIN ABDULLAH	TITAN ATHLETICS	24.46	
50	17	318	MUHAMMAD AMSHAR DARWISH BIN MOHD SHARUDIN	SMK BUKIT NENAS	24.49	
51	11	1101	MUHAMAD SYAZWAN B. MOHD SHUFFIAN @ MOHD ZUKI	RAUB BLUE FOXES	24.57	
52	10	1121	HANIQ ZAKWAN BIN MOHD IRWAN	SSN JOHOR	24.59	
53	17	955	MUHAMMAD FATHURRAHMAN BIN MOHD AZLI	MSS TERENGGANU	24.70	
54	13	455	AHMAD ZAID BIN ABAS	NEGERI SEMBILAN	24.77	
55	9	179	AMIRUL AMAANULLAH BIN MOHD SA'AD	PANTHER ATHLETIC CLUB	24.79	
56	11	820	AHMAD SHAH ZIKRI BIN AHMAD KAMAL	CFC ATHLETICS	24.80	
57	10	737	TAN HONG YU	M.A.G	24.82	
57	16	1623	KOH SHUN YUAN	SEK MEN CHONG HWA PSDN KL	24.82	
59	12	590	ZAID IQRAM BIN ZANUDDIN	TITAN ATHLETICS	24.84	
60	13	1	AHMAD AIDIL HAQIMIE B. ABDULLAH	BEBAS 09	24.85	
61	2	991	AKMALUDIN BIN SHAARI	SMK KOMPLEKS KLIA	24.88	
62	5	264	MUHAMMAD IKHWAN BIN ABDUL AZIZ	MRSM PASIR SALAK	24.93	
63	2	249	LEE ZHAN XIONG	JEGA TALENT ATHLETIC CLUB	24.97	
63	7	1125	MUHAMMAD SAIFUL NAZRAN BIN SURIAHAIRUL	SSN JOHOR	24.97	
65	17	587	MUHAMMAD FARIHIN ZULQARNAIN	TITAN ATHLETICS	25.12	



RESULT

Rank	Heat	Bib	Name	Team	Result	Remark
66	8	956	MUHAMMAD HAZIQ BIN NAZER MOHAMED	MSS TERENGGANU	25.20	
66	14	736	CLIFFORD KHOO	M.A.G	25.20	
68	1	898	RADEN ADEEB HAYYAN BIN M. HARIZAN	SAAS ATHLETICS	25.30	
69	4	1051	MUHAMMAD ADAM HAZIQ BIN ABDULLAH SANI	WIJUARA	25.35	
70	1	580	MUHAMMAD NOORSYAKIR HADI BIN NOORIZAL	TITAN ATHLETICS	25.41	
71	9	1062	AZEEM ISYRAF BIN AZRI	PLN PUTRAJAYA	25.42	
72	14	859	WAN MUHAMMAD FARHAN BIN WAN MOHD SYAHRIL	IPTEK	25.43	
73	2	581	REHAN RAIQAL BIN RENI	TITAN ATHLETICS	25.44	
74	13	890	MUHAMMAD AQIF IFWAD	SAAS ATHLETICS	25.53	
75	7	566	IZZ RAMLI RIZAL HASHIM	KELAB OLAHRAGA SHAHSARA	25.56	
76	14	216	MUHAMMAD IKMAL HADI BIN ZULFADZLY	MRSM PASIR SALAK	25.62	
77	2	1157	MUHAMMAD AIDIL IRFAN BIN ZAKARIA	AMJAY	25.71	
77	12	835	LAAKSHMAN	PANDAN PERDANA RUNNING CLUB	25.71	
79	11	1122	MUHAMMAD RIFFAN ALIF BIN LECK RENLIS	SSN JOHOR	25.76	
80	12	69	NIK MUHAMMAD SAID SYAHMI BIN NIK MOHD KAMAL	SMK SHAH ALAM	25.81	
81	1	437	ILMI ZAFRI BIN IZWAN	KAWAN ATHLETICS	25.85	
82	6	847	MUHAMAD MALIKUL ZAYYAN BIN MOHAMAD SHUKRI	SMK SERI PERMAISURI	25.97	
83	17	1677	YUVAN A/L MURUGESAN	TEAM COACH FAROUK	25.99	
84	2	1126	MUHAMMAD RAYYAN FARISH BIN MOHD FADZIL	SSN JOHOR	26.11	
85	1	1153	MUHAMMAD AMMAR BIN ROSDI	AMJAY	26.28	
86	4	440	YONG QI HOONG	KAWAN ATHLETICS	26.30	
87	6	312	MUHAMMAD AQIL AFIF BIN MD KHAIRUL ANWAR	SMK BUKIT NENAS	26.39	



RESULT

Rank	Heat	Bib	Name	Team	Result	Remark
88	4	263	IBNU MUHAIMIN BIN IBNU IKHRAM	MRSM PASIR SALAK	26.42	
89	2	438	SAW YUN HO	KAWAN ATHLETICS	26.46	
90	12	1675	MU'AZ FAHRI BIN ROSHIMI	TEAM COACH FAROUK	26.59	
91	9	720	NEALFAIZ ADAM	BEECITY SQUAD	26.60	
92	1	74	CYRILL EDGAR ANAK BELILI JAY	SMK SHAH ALAM	26.85	
93	15	1676	SYED IRFAN WAJDI BIN SYED NAJIBULLAH	TEAM COACH FAROUK	26.90	
94	5	735	MURHARRY MUTHU KUMAR	M.A.G	26.94	
95	6	907	IZDIYAD MARZUQI BIN AZUDIN	SAAS ATHLETICS	27.02	
96	16	280	RAJA MUHAMMAD RAED BIN RAJA AZLAN	FALCON ATHLETICS	27.04	
97	3	1158	MUHAMMAD FAID QAYYUM BIN MOHD FAIDZOL	AMJAY	27.05	
98	9	1052	ADAM ZAYYAN SHAH BIN SHAHRIZAL	WIJUARA	27.21	
99	6	265	MUHAMMAD RAYYAN QAISER B. MUNAWARUS SHAHNAZ	MRSM PASIR SALAK	27.22	
100	9	442	ANSON WONG YU JER	KAWAN ATHLETICS	27.34	
101	7	981	MUHAMMAD AKID SHAZUAR B. MOHD RADZUAN	SMK KOMPLEKS KLIA	27.40	
102	5	654	WONG SWEE HOE	KC PEGASUS	27.55	
103	7	432	CHEW ZHE SHENG	KAWAN ATHLETICS	27.62	
104	2	75	TENGGU PUTERA ANAS ZAHIN BIN TENGGU AZEEZON	SMK SHAH ALAM	27.67	
105	4	660	LAU JING YANG	KC PEGASUS	27.74	
106	15	279	NATHAN ZHIYU OH	FALCON ATHLETICS	27.89	
107	3	251	LIEW PIN YUAN	JEGA TALENT ATHLETIC CLUB	27.93	
108	1	1155	MUHAMMAD SALAHUDDIN BIN MOHD NORHAFIZAN	AMJAY	28.14	
109	6	833	ISYRAF	PANDAN PERDANA RUNNING CLUB	28.80	



RESULT

Rank	Heat	Bib	Name	Team	Result	Remark
110	5	873	FARM SZE YANG	TSUN JIN HIGH SCHOOL	28.86	
111	1	435	RAIHAN WONG BIN FAKRUL ANUAR	KAWAN ATHLETICS	29.06	
112	3	238	MOHAMMED DON MIKAIL B MOHAMMED ZARIM	VORTEX ATHLETIC SEPANG	29.60	
113	3	439	TONG JUN KHYE	KAWAN ATHLETICS	30.09	
114	8	836	KUGANESH A/L VEERA MOGAN	PANDAN PERDANA RUNNING CLUB	30.13	
115	7	942	Muhammad Amjad Rifqi Bin Noor Azman	SP ATHLETICS	30.32	
116	17	866	UTHMAN HAIQAL B SHAIFUL AFZAN	CLP ATHLETIC PUTRAJAYA	30.44	
-	1	1061	EMEER IDRAKI SIRHAN BIN MOHD SAIFUL	PLN PUTRAJAYA	DNS	
-	2	436	NOAH CHAN RUI	KAWAN ATHLETICS	DNS	
-	3	255	ASHER KARIM SHAN KAMAHL	BARRACUDA ATHLETICS ACADEMY	DNS	
-	3	568	MUHAMMAD ALAMIN BAKHTIAR BIN MUHAMMAD HATTA	KELAB OLAHRAGA SHAHSARA	DNS	
-	3	659	YONG YOONG HAO	KC PEGASUS	DNS	
-	4	569	ASIM HARRAZ BIN ABDUL HADI	KELAB OLAHRAGA SHAHSARA	DNS	
-	5	1059	MUHAMMAD ADAM HAZIQ BIN ABDULLAH SANI	PLN PUTRAJAYA	DNS	
-	5	311	MUHAMMAD KHAIRUL MUADZ BIN KHAIRUL FADLAN	SMK BUKIT NENAS	DQ	
-	6	542	Ng Zhong Hao	MSN SELANGOR	DNS	
-	7	364	MUHAMMAD HAZIQ BIN MOHD RUSDI	SSMT	DQ	
-	8	667	MARCUS LIEW ZHI XUAN	KC PEGASUS	DNS	
-	9	39	IZZAT HIZAMI BIN ROSLAN	BEBAS (IZZAT)	DNS	
-	11	1613	MUHAMMAD RIZAL MIKHAIL BIN MOHD ROMZI	MSPAHANG	DNS	



RESULT

Rank	Heat	Bib	Name	Team	Result	Remark
-	11	376	Uzair Bin Farid	MSNM	DNS	
-	11	48	ADAM RAYYAN ARSHAD BIN RUBY SYARIZAD	SMK SERI SENTOSA	DNS	
-	11	519	MUHAMMAD ARYAN SYAHMI BIN AIDIL HAKIM	MSN SELANGOR	DNS	
-	12	1194	MUHAMMAD HAZIQ DANISH BIN MAZLAN	MSPAANG	DNS	
-	15	571	MUHAMMAD IQBAL SYAMIL BIN MOHAMAD FARIZAL	BEBAS (IQBAL SYAMIL)	DNS	
-	16	586	MUHAMMAD FAKHRIY FASYEEN BIN ABDULLAH	TITAN ATHLETICS	DNS	
-	17	28	MUHAMMAD IMAN SYAQIR BIN MOHD FAISAL	BAC	DNS	



RESULT

208 - LOMPAT JAUH (A & B) (LELAKI) AKHIR - Final

Records	Result	Name	Team	Date	vanue
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Group 1		Start Time: 10:02 pm									
Pos	Bib	Athlete	Team	Result	1	2	3	4	5	6	Remark
1	1087	TAN ZHI HANG	PULAU	7.17	7.07	X	7.17	X	X	X	
2	152	ZAINURAQBAR	KEDAH	7.04	7.04	X	6.71	X	X	X	
3	1047	Muhd FIROSS	WIJUAR	7.03	7.03	6.25	-	-	-	-	
4	1602	Muhd IMRAN	MSPAHA	7.00	6.79	5.79	6.94	6.93	6.90	7.00	
5	416	MOHAMED DARWIESY ROSYAIEDYN	SUKMA	6.78	6.60	6.45	6.78	6.62	6.33	6.73	
6	129	IRFAN DANIEL AMAN	RED GI	6.76	6.76	5.12	X	5.60	5.38	6.10	
7	163	Muhd DAEMAQIF	KEDAH	6.56	6.54	6.56	X				
8	50	CHEW JUN ZHI	SMK SE	6.38	6.38	5.92	6.10				
9	72	MEGAT Muhd FAKHRULLAH B. MEGAT MOHD ZAIDI	SMK SH	6.32	6.32	5.40	5.60				
10	357	AHMAD BAIHAQI	SSMT	6.30	6.30	5.80	5.58				
11	1652	WAN Muhd AQIL FAIZ	POAT	6.27	6.26	6.27	5.89				
12	120	Muhd SYAFI	SUKMA	6.24	6.24	5.75	X				
13	81	Muhd ADAM	TCA	6.12	6.12	6.11	6.07				
14	1651	Muhd ADIB DARWIS	POAT	6.03	5.50	6.03	6.00				
15	688	Muhd MUKHRIZ HAFIZ	PERLIS	5.96	5.96	-	-				
16	1041	Muhd ILHAM ISKANDAR B. Mohd IZRAL	WIJUAR	5.93	X	X	5.93				
17	88	KIVENESAN	DE ATH	5.89	X	X	5.89				
18	128	Muhd FAZREL	RED GI	5.87	5.30	5.16	5.87				
19	1603	MUHAMMAD KHAIRUL NAIM	MSPAHA	5.81	5.81	-	-				
20	73	Muhd HARISS	SMK SH	5.76	X	5.76	5.61				



RESULT

Group 1		Start Time: 10:02 pm									
Pos	Bib	Athlete	Team	Result	1	2	3	4	5	6	Remark
21	184	Muhd AMMAR HAZIM	BEBAS	5.62	5.17	5.62	5.38				
22	976	Muhd DANIAL HAIKAL	MIRACL	5.60	5.60	5.20	4.93				
23	1050	Muhd AMSYAR IRSYAD	WIJUAR	5.44	5.44	5.18	5.26				
24	1142	GUAN YEW	MBPJ	5.44	X	5.44	X				
25	39	IZZAT HIZAMI	BEBAS	5.39	5.27	5.19	5.39				
26	821	Muhd FARIS KHAIRI B. MD AMIRUL KHAIR	BEBAS	5.27	X	5.26	5.27				
27	299	ARIF NAJWAN	BEBAS	4.94	4.94	4.70	X				
28	648	CHONG ZHI YUAN	KC PEG	4.93	4.58	4.93	4.26				
29	663	ANG KAM SENG	KC PEG	4.47	4.47	4.39	X				
30	853	Muhd AMIRUL HAIKAL	SMK SE	4.08	3.95	4.08	X				
-	792	Muhd FARHAN ADAM	SUKMA	NM	X	X	X				

Group 2		Start Time: 10:02 pm									
Pos	Bib	Athlete	Team	Result	1	2	3	4	5	6	Remark
1	1036	ADAM HAQIMI	WIJUAR	6.94	6.85	6.76	6.81	X	6.94	X	
2	1615	Muhd NAUFAL ARIFF	MSPAHA	6.79	6.24	6.63	6.27	6.14	6.48	6.79	
3	92	QUAH SHAWN	DE ATH	6.58	6.06	6.10	6.58				
4	182	Mohd RIDZUAN SHAH	KEDAH	6.39	X	6.39	6.18				
5	549	IQBAL IHSAN	MSN SE	6.27	6.14	6.27	6.16				
6	201	LUQMAN HAKIM	MUTIAR	6.19	5.73	5.71	6.19				
7	891	Muhd IQTIZZAM	SAAS A	6.14	6.11	6.14	6.04				
8	584	Muhd AIQAL ZAFREN	TITAN	6.11	6.11	X	5.94				
9	583	Muhd AMIR HAIKAL	TITAN	6.04	6.04	6.02	-				
10	1028	LEE HAN	WIJUAR	5.97	5.73	5.97	5.62				
11	481	Muhd ARIFF IQBAL	KELANT	5.97	-	-	5.97				
12	360	Muhd HAQIEM	SSMT	5.96	5.27	5.96	5.75				



RESULT

Group 2		Start Time: 10:02 pm									
Pos	Bib	Athlete	Team	Result	1	2	3	4	5	6	Remark
13	690	Muhd AFI LUTFI	PERLIS	5.92	5.67	5.92	5.85				
14	897	M. AMIR FIRDAUS	SAAS A	5.89	5.82	5.89	5.75				
15	1021	CHEONG ZHEN XUAN	WIJUAR	5.78	X	X	5.78				
16	990	Muhd RAYYAN RAFFAEL B. MOHD.SUBHY	SMK KO	5.76	5.59	X	5.76				
17	1674	GOH ZI XUN	TEAM C	5.73	5.66	5.73	X				
18	295	Muhd ZAHIN RIFQI	KELAB	5.73	5.49	5.73	5.63				
19	626	WAFIY IZZUDIN	SSTMI	5.69	5.46	5.69	5.64				
20	1019	NICHOLAS FONG JIA WEI	WIJUAR	5.63	5.63	5.29	4.62				
21	848	FAUZI ISMADI	SMK SE	5.62	5.62	5.41	5.41				
22	68	Muhd ALIF MUHAIMIN	SMK SH	5.55	4.88	5.55	5.47				
23	901	FIRHAN DZAKIR	SAAS A	5.50	5.49	5.50	5.24				
24	989	Muhd ELHAN	SMK KO	5.48	X	5.48	5.23				
25	91	NISHANT	DE ATH	5.42	4.78	5.00	5.42				
26	363	WAN MOHD YAASIR UTHMAN	SSMT	5.40	5.28	4.86	5.40				
27	894	Muhd FIRDAUS	SAAS A	5.17	4.92	5.03	5.17				
28	448	ARIF HAMZAH B AHMAD RAZIF	MUTIAR	5.17	X	X	5.17				
29	368	Muhd FAREEZ DANIAL	SSMT	5.04	4.14	5.04	4.89				
30	367	Muhd ARIF SAFUAN	SSMT	5.03	5.03	X	4.98				
31	447	Muhd MUAZ MUQRIZ B IDRUS	MUTIAR	4.80	4.80	X	X				
32	435	RAIHAN WONG	KAWAN	4.40	4.34	4.40	4.29				
33	264	Muhd IKHWAN	MRSM P	4.20	3.72	4.20	3.73				
34	230	LAU YEN KHAI	MUAR C	3.87	3.87	3.87	X				
35	1163	LIM JUN HOI	HAPPY	3.63	X	X	3.63				



RESULT

LOMPAT JAUH (A & B) (LELAKI) AKHIR

Summary

Rank	Heat	Bib	Name	Team	Result	Remark
1	1	1087	TAN ZHI HANG	PULAU	7.17	
2	1	152	ZAINURAQBAR	KEDAH	7.04	
3	1	1047	Muhd FIROSS	WIJUAR	7.03	
4	1	1602	Muhd IMRAN	MSPAHA	7.00	
5	2	1036	ADAM HAQIMI	WIJUAR	6.94	
6	2	1615	Muhd NAUFAL ARIFF	MSPAHA	6.79	
7	1	416	MOHAMED DARWIESY ROSYAIEDYN	SUKMA	6.78	
8	1	129	IRFAN DANIEL AMAN	RED GI	6.76	
9	2	92	QUAH SHAWN	DE ATH	6.58	
10	1	163	Muhd DAEMAQIF	KEDAH	6.56	
11	2	182	Mohd RIDZUAN SHAH	KEDAH	6.39	
12	1	50	CHEW JUN ZHI	SMK SE	6.38	
13	1	72	MEGAT Muhd FAKHRULLAH B. MEGAT MOHD ZAIDI	SMK SH	6.32	
14	1	357	AHMAD BAIHAQI	SSMT	6.30	
15	1	1652	WAN Muhd AQIL FAIZ	POAT	6.27	
16	2	549	IQBAL IHSAN	MSN SE	6.27	
17	1	120	Muhd SYAFI	SUKMA	6.24	
18	2	201	LUQMAN HAKIM	MUTIAR	6.19	
19	2	891	Muhd IQTIZZAM	SAAS A	6.14	
20	1	81	Muhd ADAM	TCA	6.12	
21	2	584	Muhd AIQAL ZAFREN	TITAN	6.11	
22	2	583	Muhd AMIR HAIKAL	TITAN	6.04	
23	1	1651	Muhd ADIB DARWIS	POAT	6.03	
24	2	1028	LEE HAN	WIJUAR	5.97	



RESULT

Rank	Heat	Bib	Name	Team	Result	Remark
25	2	481	Muhd ARIFF IQBAL	KELANT	5.97	
26	2	360	Muhd HAQIEM	SSMT	5.96	
27	1	688	Muhd MUKHRIZ HAFIZ	PERLIS	5.96	
28	1	1041	Muhd ILHAM ISKANDAR B. Mohd IZRAL	WIJUAR	5.93	
29	2	690	Muhd AFI LUTFI	PERLIS	5.92	
30	2	897	M. AMIR FIRDAUS	SAAS A	5.89	
31	1	88	KIVENESAN	DE ATH	5.89	
32	1	128	Muhd FAZREL	RED GI	5.87	
33	1	1603	MUHMAD KHAIRUL NAIM	MSPAHA	5.81	
34	2	1021	CHEONG ZHEN XUAN	WIJUAR	5.78	
35	1	73	Muhd HARISS	SMK SH	5.76	
36	2	990	Muhd RAYYAN RAFFAEL B. MOHD.SUBHY	SMK KO	5.76	
37	2	1674	GOH ZI XUN	TEAM C	5.73	
38	2	295	Muhd ZAHIN RIFQI	KELAB	5.73	
39	2	626	WAFIY IZZUDIN	SSTMI	5.69	
40	2	1019	NICHOLAS FONG JIA WEI	WIJUAR	5.63	
41	2	848	FAUZI ISMADI	SMK SE	5.62	
42	1	184	Muhd AMMAR HAZIM	BEBAS	5.62	
43	1	976	Muhd DANIAL HAIKAL	MIRACL	5.60	
44	2	68	Muhd ALIF MUHAIMIN	SMK SH	5.55	
45	2	901	FIRHAN DZAKIR	SAAS A	5.50	
46	2	989	Muhd ELHAN	SMK KO	5.48	
47	1	1050	Muhd AMSYAR IRSYAD	WIJUAR	5.44	
48	1	1142	GUAN YEW	MBPJ	5.44	
49	2	91	NISHANT	DE ATH	5.42	
50	2	363	WAN MOHD YAASIR UTHMAN	SSMT	5.40	
51	1	39	IZZAT HIZAMI	BEBAS	5.39	
52	1	821	Muhd FARIS KHAIRI B. MD AMIRUL KHAIR	BEBAS	5.27	



RESULT

Rank	Heat	Bib	Name	Team	Result	Remark
53	2	894	Muhd FIRDAUS	SAAS A	5.17	
54	2	448	ARIF HAMZAH B AHMAD RAZIF	MUTIAR	5.17	
55	2	368	Muhd FAREEZ DANIAL	SSMT	5.04	
56	2	367	Muhd ARIF SAFUAN	SSMT	5.03	
57	1	299	ARIF NAJWAN	BEBAS	4.94	
58	1	648	CHONG ZHI YUAN	KC PEG	4.93	
59	2	447	Muhd MUAZ MUQRIZ B IDRUS	MUTIAR	4.80	
60	1	663	ANG KAM SENG	KC PEG	4.47	
61	2	435	RAIHAN WONG	KAWAN	4.40	
62	2	264	Muhd IKHWAN	MRSM P	4.20	
63	1	853	Muhd AMIRUL HAIKAL	SMK SE	4.08	
64	2	230	LAU YEN KHAI	MUAR C	3.87	
65	2	1163	LIM JUN HOI	HAPPY	3.63	
-	1	792	Muhd FARHAN ADAM	SUKMA	NM	



RESULT

209 - 400 METER (WANITA) - Final

Records	Result	Name	Team	Date	vanue
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Heat 1		Start Time: 10:51 am				
Pos	Bib	Athlete	Team	Result	React	Remark
1	1004	SHANJANAA G VELAN	WIJUARA	60.00		
2	382	QASEY AIMY BINTI MOHD NOR HAIZAT	SUKMA PERAK	61.66		
3	506	Suchita a/p Monogar	MSN SELANGOR	63.17		
4	380	CHANDRAMATHI A/P JAYAM	SUKMA PERAK	63.87		
-	181	SITI ROKIAH HASHIM	KEDAH	DNS		
-	1625	IZZATUL MUSFIRAH BINTI AHMAD KAMAL AZIRA	POAT	DNS		
-	354	NUR KHAIRINA IRDINA BINTI MOHAMMAD KHAIRIL ANWAR	SSMT	DNS		
-	1626	NOR ALIYA NAJIHAH BINTI MUDA	POAT	DNS		



RESULT

400 METER (WANITA)

Summary

Rank	Heat	Bib	Name	Team	Result	Remark
1	1	1004	SHANJANAA G VELAN	WIJUARA	60.00	
2	1	382	QASEY AIMY BINTI MOHD NOR HAIZAT	SUKMA PERAK	61.66	
3	1	506	Suchita a/p Monogar	MSN SELANGOR	63.17	
4	1	380	CHANDRAMATHI A/P JAYAM	SUKMA PERAK	63.87	
-	1	1625	IZZATUL MUSFIRAH BINTI AHMAD KAMAL AZIRA	POAT	DNS	
-	1	1626	NOR ALIYA NAJIHAH BINTI MUDA	POAT	DNS	
-	1	181	SITI ROKIAH HASHIM	KEDAH	DNS	
-	1	354	NUR KHAIRINA IRDINA BINTI MOHAMMAD KHAIRIL ANWAR	SSMT	DNS	



RESULT

210 - 400 METER (LELAKI) - Final

Records	Result	Name	Team	Date	vanue
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Heat 1		Start Time: 10:56 am				
Pos	Bib	Athlete	Team	Result	React	Remark
1	1091	MUHAMMAD SAYYID AMIN BIN ROSLAN	PULAU PINANG	49.55		
2	1094	VENKET PRABU A/L KALITHASAN	PULAU PINANG	49.81		
3	774	MUHAMMAD AZZAM DARWISY BIN SHAMSUL	SUKMA JOHOR	50.31		
4	510	MUHAMMAD DANIEL HAQIEM BIN AZMAN	MSN SELANGOR	50.48		
5	196	deniswar A/L yanasegran	MUTIARA IMPIAN SPINTER	51.00		
6	1025	TAN KAR KIEN	WIJUARA	52.26		
7	628	ARYAN RAFIQUE BIN ROMAFITRI	SSTMI	56.28		
-	1095	DARWISH RUSHDAN BIN MOHAMAD FIRDAUS	PULAU PINANG	DNS		



RESULT

400 METER (LELAKI)

Summary

Rank	Heat	Bib	Name	Team	Result	Remark
1	1	1091	MUHAMMAD SAYYID AMIN BIN ROSLAN	PULAU PINANG	49.55	
2	1	1094	VENKET PRABU A/L KALITHASAN	PULAU PINANG	49.81	
3	1	774	MUHAMMAD AZZAM DARWISY BIN SHAMSUL	SUKMA JOHOR	50.31	
4	1	510	MUHAMMAD DANIEL HAQIEM BIN AZMAN	MSN SELANGOR	50.48	
5	1	196	deniswar A/L yanasegran	MUTIARA IMPIAN SPINTER	51.00	
6	1	1025	TAN KAR KIEN	WIJUARA	52.26	
7	1	628	ARYAN RAFIQUE BIN ROMAFITRI	SSTMI	56.28	
-	1	1095	DARWISH RUSHDAN BIN MOHAMAD FIRDAUS	PULAU PINANG	DNS	



RESULT

211 - 200 M (WANITA) - Semi Final

Records	Result	Name	Team	Date	vanue
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Heat 1		Start Time: 11:06 am			Wind: +0.8 m/s	
Pos	Bib	Athlete	Team	Result	React	Remark
1	1625	IZZATUL MUSFIRAH BINTI AHMAD KAMAL AZIRA	POAT	24.91		Q
2	758	NOR MALISYA BINTI MOHD ISHAK	SUKMA JOHOR	26.18		Q
3	351	SITI ZULAIQA BINTI MOHD ZAMRI	SSMT	26.91		q
4	5	NEO EN YU	SINGAPORE SPORTS SCHOOL (SSP)	26.94		q
5	1010	NUR IRDINA SYAUQINA BINTI GHAZALI	WIJUARA	27.50		
6	744	NURUL KHALIESAH BINTI MOHD. FAUZI	SUKMA JOHOR	27.78		
7	355	MISKA HAKIKI BINTI MOHD RIDZUWAN	SSMT	27.83		
8	1113	NUR FARAH INSYIRAH TAN BINTI ABDULLAH	SSN JOHOR	28.32		

Heat 2		Start Time: 11:09 am			Wind: +0.3 m/s	
Pos	Bib	Athlete	Team	Result	React	Remark
1	1626	NOR ALIYA NAJIHAH BINTI MUDA	POAT	25.65		Q
2	451	ADRIANA BINTI SHAHRYLL NIZAM	NEGERI SEMBILAN	26.75		Q
3	304	NUR AFIDA FARISYA BINTI AHMAD FIRDAUS	SMK BUKIT NENAS	27.43		
4	1678	SITI NUR AZREEN BINTI MOHD AZMI	POAT	27.65		
5	190	AIRISH ADREANA BT MD ZUKI	MUTIARA IMPIAN SPINTER	27.81		
6	213	SITI NUR HANA BINTI ENDERA RUZIMAN	MRSM PASIR SALAK	28.06		
-	354	NUR KHAIRINA IRDINA BINTI MOHAMMAD KHAIRIL ANWAR	SSMT	DNS		
-	1627	NUR AINA SYAKIRA BINTI MOHD RAFIZAN	POAT	DNS		



RESULT

Heat 3			Start Time: 11:12 am	Wind: +0.4 m/s		
Pos	Bib	Athlete	Team	Result	React	Remark
1	753	ANG JIA HUAN	SUKMA JOHOR	26.50		Q
2	760	NUR ZALIFAH HALISYA BINTI A.HALIM	SUKMA JOHOR	26.90		Q
3	42	ASHLEY ELLIS GAN	SMK SERI SENTOSA	27.35		
4	1633	HO JUN LIN	POAT	27.55		
5	745	ANIS BATRISYAH BINTI NORIEZAD	SUKMA JOHOR	28.52		
-	492	DHANEA MARSYELLA BT EEHSAN	MSN SELANGOR	DNS		
-	748	MAIZURAH BT. SAFREE	SUKMA JOHOR	DNS		
-	908	SITI NORJAHERA BINTI BELIAMOR	MSN SABAH	DNS		



RESULT

200 M (WANITA)

Summary

Rank	Heat	Bib	Name	Team	Result	Remark
1	1	1625	IZZATUL MUSFIRAH BINTI AHMAD KAMAL AZIRA	POAT	24.91	Q
2	2	1626	NOR ALIYA NAJIHAH BINTI MUDA	POAT	25.65	Q
3	1	758	NOR MALISYA BINTI MOHD ISHAK	SUKMA JOHOR	26.18	Q
4	3	753	ANG JIA HUAN	SUKMA JOHOR	26.50	Q
5	2	451	ADRIANA BINTI SHAHRYLL NIZAM	NEGERI SEMBILAN	26.75	Q
6	3	760	NUR ZALIFAH HALISYA BINTI A.HALIM	SUKMA JOHOR	26.90	Q
7	1	351	SITI ZULAIQA BINTI MOHD ZAMRI	SSMT	26.91	q
8	1	5	NEO EN YU	SINGAPORE SPORTS SCHOOL (SSP)	26.94	q
9	3	42	ASHLEY ELLIS GAN	SMK SERI SENTOSA	27.35	
10	2	304	NUR AFIDA FARISYA BINTI AHMAD FIRDAUS	SMK BUKIT NENAS	27.43	
11	1	1010	NUR IRDINA SYAUQINA BINTI GHAZALI	WIJUARA	27.50	
12	3	1633	HO JUN LIN	POAT	27.55	
13	2	1678	SITI NUR AZREEN BINTI MOHD AZMI	POAT	27.65	
14	1	744	NURUL KHALIESAH BINTI MOHD. FAUZI	SUKMA JOHOR	27.78	
15	2	190	AIRISH ADREANA BT MD ZUKI	MUTIARA IMPIAN SPINTER	27.81	
16	1	355	MISKA HAKIKI BINTI MOHD RIDZUWAN	SSMT	27.83	
17	2	213	SITI NUR HANA BINTI ENDERA RUZIMAN	MRSM PASIR SALAK	28.06	
18	1	1113	NUR FARAH INSYIRAH TAN BINTI ABDULLAH	SSN JOHOR	28.32	
19	3	745	ANIS BATRISYAH BINTI NORIEZAD	SUKMA JOHOR	28.52	
-	3	492	DHANEA MARSYELLA BT EEHSAN	MSN SELANGOR	DNS	
-	3	748	MAIZURAH BT. SAFREE	SUKMA JOHOR	DNS	



RESULT

Rank	Heat	Bib	Name	Team	Result	Remark
-	2	354	NUR KHAIRINA IRDINA BINTI MOHAMMAD KHAIRIL ANWAR	SSMT	DNS	
-	2	1627	NUR AINA SYAKIRA BINTI MOHD RAFIZAN	POAT	DNS	
-	3	908	SITI NORJAHERA BINTI BELIAMOR	MSN SABAH	DNS	



RESULT

212 - 200 M (LELAKI) - Semi Final

Records	Result	Name	Team	Date	vanue
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Heat 1					Start Time: 11:23 am	Wind: -0.5 m/s	
Pos	Bib	Athlete	Team	Result	React	Remark	
1	1023	VALEN GAN SEONG HOO	WIJUARA	22.66		Q	
2	1682	AMZAR BIN RUSLI	MSS TERENGGANU	22.77		Q	
3	766	MUHAMMAD HARITH HAIKAL BIN MOHD. ARSHAD	SUKMA JOHOR	23.36			
4	7	ETHAN ROMAN	SINGAPORE SPORTS SCHOOL (SSP)	23.43			
5	892	AHMED HARISH ZAFRAN BIN ROSDEE	SAAS ATHLETICS	23.55			
-	788	MUHAMAD FAHIM BIN MOHD. FAIZAL	SUKMA JOHOR	DNS			
-	518	MUHAMMAD RAZIQ BIN ROSZAMANI	MSN SELANGOR	DNS			
-	796	DANISH IFTIKHAR BIN MUHAMMAD ROSLEE	SUKMA JOHOR	DNS			

Heat 2					Start Time: 11:32 am	Wind: +0.2 m/s	
Pos	Bib	Athlete	Team	Result	React	Remark	
1	149	MUHAMMAD DZUL DANISH BIN JAMARI	KEDAH	22.15		Q	
2	399	SAMUEL RAJ A/L DANIEL	SUKMA PERAK	22.30		Q	
3	1641	MUHAMAD HILMIE SYAKIF BIN MUHAMAD ZAKI	POAT	23.01			
4	631	MUHAMMAD ISKANDAR BIN ROSLAN	SSTMI	23.68			
-	465	AHMAD ARIQ NAJMI BIN AZHARI	NEGERI SEMBILAN	DNS			
-	1647	ABDUL RAHMAN KARAMI BIN HAMDAN	POAT	DNS			
-	524	AHMAD SUFI	MSN SELANGOR	DNS			
-	1610	MUHAMMAD NUR HARRIS BIN AZHAR	MSPAANG	DNS			



RESULT

Heat 3		Start Time: 11:35 am			Wind: -0.1 m/s	
Pos	Bib	Athlete	Team	Result	React	Remark
1	918	AIREL AMANI BIN KAHAR	MSN SABAH	22.07		Q
2	509	DANISH IRFAN	MSN SELANGOR	22.35		Q
3	1095	DARWISH RUSHDAN BIN MOHAMAD FIRDAUS	PULAU PINANG	22.41		q
4	789	MUHAMMAD YAFIK HAKIMI BIN AZMIR ESMAD	SUKMA JOHOR	22.85		q
5	400	SERAN NAIDU A/L DORAI SEELAN NAIDU	SUKMA PERAK	23.114		
6	1048	NADIM HADIF BIN MOHD NAZMI	WIJUARA	23.117		
7	460	MUHAMMAD IMAN SYAQIR BIN MOHD FAISAL	NEGERI SEMBILAN	23.27		
8	1099	MUHAMAD ADAM ISHAMI BIN AZMI	SBYRC	23.56		



RESULT

200 M (LELAKI)

Summary

Rank	Heat	Bib	Name	Team	Result	Remark
1	3	918	AIREL AMANI BIN KAHAR	MSN SABAH	22.07	Q
2	2	149	MUHAMMAD DZUL DANISH BIN JAMARI	KEDAH	22.15	Q
3	2	399	SAMUEL RAJ A/L DANIEL	SUKMA PERAK	22.30	Q
4	3	509	DANISH IRFAN	MSN SELANGOR	22.35	Q
5	3	1095	DARWISH RUSHDAN BIN MOHAMAD FIRDAUS	PULAU PINANG	22.41	q
6	1	1023	VALEN GAN SEONG HOO	WIJUARA	22.66	Q
7	1	1682	AMZAR BIN RUSLI	MSS TERENGGANU	22.77	Q
8	3	789	MUHAMMAD YAFIK HAKIMI BIN AZMIR ESMAD	SUKMA JOHOR	22.85	q
9	2	1641	MUHAMAD HILMIE SYAKIF BIN MUHAMAD ZAKI	POAT	23.01	
10	3	400	SERAN NAIDU A/L DORAI SEELAN NAIDU	SUKMA PERAK	23.114	
11	3	1048	NADIM HADIF BIN MOHD NAZMI	WIJUARA	23.117	
12	3	460	MUHAMMAD IMAN SYAQIR BIN MOHD FAISAL	NEGERI SEMBILAN	23.27	
13	1	766	MUHAMMAD HARITH HAIKAL BIN MOHD. ARSHAD	SUKMA JOHOR	23.36	
14	1	7	ETHAN ROMAN	SINGAPORE SPORTS SCHOOL (SSP)	23.43	
15	1	892	AHMED HARISH ZAFRAN BIN ROSDEE	SAAS ATHLETICS	23.55	
16	3	1099	MUHAMAD ADAM ISHAMI BIN AZMI	SBYRC	23.56	
17	2	631	MUHAMMAD ISKANDAR BIN ROSLAN	SSTMI	23.68	
-	2	465	AHMAD ARIQ NAJMI BIN AZHARI	NEGERI SEMBILAN	DNS	
-	2	524	AHMAD SUFI	MSN SELANGOR	DNS	
-	2	1647	ABDUL RAHMAN KARAMI BIN HAMDAN	POAT	DNS	
-	2	1610	MUHAMMAD NUR HARRIS BIN AZHAR	MSPAHANG	DNS	
-	1	518	MUHAMMAD RAZIQ BIN ROSZAMANI	MSN SELANGOR	DNS	



RESULT

Rank	Heat	Bib	Name	Team	Result	Remark
-	1	796	DANISH IFTIKHAR BIN MUHAMMAD ROSLEE	SUKMA JOHOR	DNS	
-	1	788	MUHAMAD FAHIM BIN MOHD. FAIZAL	SUKMA JOHOR	DNS	



RESULT

213 - 400 M LARI BERPAGAR (WANITA) - Semi Final

Records	Result	Name	Team	Date	vanue
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Heat 1

Start Time: 11:49 am

Pos	Bib	Athlete	Team	Result	React	Remark
1	473	FATIN NASHIRA BINTI MOHD FADZIL	KELANTAN	68.90		Q
2	192	NUR DAMIA DURRANI BT BILAL	MUTIARA IMPIAN SPINTER	71.56		Q
3	347	NURIN DAMIA KARMILA BINTI ROSDAN	SSMT	75.69		Q
4	1133	NITYATRUKSHA	MBPJ	75.88		q
5	1185	IZATI FHARIZA BINTI LALEZAI	MSPAANG	78.37		q
6	339	AMISYA IRANI BINTI ISMAIL	SSMT	80.70		

Heat 2

Start Time: 11:58 am

Pos	Bib	Athlete	Team	Result	React	Remark
1	1636	NUR FARISHA ARDEANA ARDY BT ABDULLAH	POAT	68.89		Q
2	338	ROSE AIESYA BINTI RASWANIZAM	SSMT	72.93		Q
3	1180	NURAEILAH SHAFIYYA BT KASIM	MSPAANG	75.18		Q
4	341	PUTERI NUR ERYNA BATRISYIA SHAHRULNIZAM	SSMT	82.50		
5	993	CHEW YAN HAN	WIJUARA	87.88		
-	384	FARAH SYAKIRA BINTI AZIFSAFARIN	SUKMA PERAK	DQ		



RESULT

400 M LARI BERPAGAR (WANITA)

Summary

Rank	Heat	Bib	Name	Team	Result	Remark
1	2	1636	NUR FARISHA ARDEANA ARDY BT ABDULLAH	POAT	68.89	Q
2	1	473	FATIN NASHIRA BINTI MOHD FADZIL	KELANTAN	68.90	Q
3	1	192	NUR DAMIA DURRANI BT BILAL	MUTIARA IMPIAN SPINTER	71.56	Q
4	2	338	ROSE AIESYA BINTI RASWANIZAM	SSMT	72.93	Q
5	2	1180	NURAEILIAH SHAFIYYA BT KASIM	MSPAHANG	75.18	Q
6	1	347	NURIN DAMIA KARMILA BINTI ROSDAN	SSMT	75.69	Q
7	1	1133	NITYATRUKSHA	MBPJ	75.88	q
8	1	1185	IZATI FHARIZA BINTI LALEZAI	MSPAHANG	78.37	q
9	1	339	AMISYA IRANI BINTI ISMAIL	SSMT	80.70	
10	2	341	PUTERI NUR ERYNA BATRISYIA SHAHRULNIZAM	SSMT	82.50	
11	2	993	CHEW YAN HAN	WIJUARA	87.88	
-	2	384	FARAH SYAKIRA BINTI AZIFSAFARIN	SUKMA PERAK	DQ	



RESULT

214 - 400 M LARI BERPAGAR (LELAKI) - Semi Final

Records	Result	Name	Team	Date	vanue
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Heat 1

Start Time: 12:09 pm

Pos	Bib	Athlete	Team	Result	React	Remark
1	781	MOHAMAD FIQRY BIN MOHD HAIRIL	SUKMA JOHOR	56.57		q
2	9	VEROY CHUA JIA HAO	SINGAPORE SPORTS SCHOOL (SSP)	57.81		q
3	1199	ALHAM SYARAFUDDIN BIN MOHAMMAD	MSPAANG	58.88		
4	1063	ARRYAN RIZQIN ANAQI BIN MUHD HAFIZ	PLN PUTRAJAYA	59.64		
-	539	Adam Alif Bin Ghazali	MSN SELANGOR	DNF		
-	358	M. NUFAIL FAKHRI BIN SHARUN NIZAM	SSMT	DNS		
-	457	AVINAASH NAIR A/L SATHIASEELAN	NEGERI SEMBILAN	DNS		

Heat 2

Start Time: 12:16 pm

Pos	Bib	Athlete	Team	Result	React	Remark
1	1658	NIK ABRISAM JAZMI BIN NIK ADZLI	POAT	57.53		q
2	1092	MUHAMMAD ABSHAR DANISH B. MOHD AZZRUL	PULAU PINANG	57.70		q
3	583	MUHAMMAD AMIR HAIKAL BIN SHAHRIZAL	TITAN ATHLETICS	59.38		
4	193	muhammad khairan nasri bin kamaruddin	MUTIARA IMPIAN SPINTER	59.72		
5	26	MUHAMMAD AMSYAR	KPTM RAPTOR	67.10		
-	361	AHMAD AQIL MIFDAL BIN NAZARI	SSMT	DNF		
-	893	CARL DARRIEN BIN FERID	SAAS ATHLETICS	DNS		



RESULT

Heat 3

Start Time: 12:24 pm

Pos	Bib	Athlete	Team	Result	React	Remark
1	413	MOHAMMAD ADIB IRFAN BIN AZIZAN	SUKMA PERAK	56.62		q
2	482	MUHAMMAD AIDIL BIN IBRAHIM	KELANTAN	59.85		
3	683	RAYYAN MULTAZAM BIN MOHD TAHIRUDIN	PERLIS	67.74		
4	215	AHMAD DANIAL BIN AHMAD FARIZAL	MRSM PASIR SALAK	70.78		
-	1654	MUHAMMAD FAIZ IZUDDIN BIN MOHAMMAD ANUAR	POAT	DQ		
-	938	MUHAMMAD HAFIY BIN HAMIDI	SP ATHLETICS	DNS		
-	80	SYAHRIL BIN ZAINAL	NADI JUARA ACTIVE CLUB (NJAC)	DNS		

Heat 4

Start Time: 12:30 pm

Pos	Bib	Athlete	Team	Result	React	Remark
1	767	MUHAMMAD DANISH NABIL B. KAMARUDIN	SUKMA JOHOR	58.01		q
2	1195	MUHAMMAD ADIB IZUDIN BIN FAMIE IZUDIN	MSPAANG	59.72		
3	443	MOY SHI WEI	KAWAN ATHLETICS	64.24		
4	1037	SYED SYAHMIE DARWISY BIN TUANKU MAERAJ	WIJUARA	65.53		
5	109	MUHAMMAD FAHIM BIN MOHD AZLI	SSN MELAKA	66.56		
6	529	Andi Nasrul Bin Jainuddin	MSN SELANGOR	72.04		
-	317	MUHAMMAD DANISH IRFAN BIN ROSLI	SMK BUKIT NENAS	DNS		

Heat 5

Start Time: 12:35 pm

Pos	Bib	Athlete	Team	Result	React	Remark
1	469	MOHAMAD AMRIE BIN MOHD ZABHAR	NEGERI SEMBILAN	58.23		q
2	1638	SHAZRIL ASHRAFF BIN SHAMSURBAHRY	POAT	58.54		q
3	168	MUHAMMAD ALIF FIRAS BIN MOHD FAZLEE	KEDAH	60.77		
4	1689	muhammad hamzi	MSN SELANGOR	62.47		



RESULT

Heat 5

Start Time: 12:35 pm

Pos	Bib	Athlete	Team	Result	React	Remark
5	1152	Muhammad farish iskandar b. muhamad farid	AMJAY	65.03		
-	1669	MUHAMMAD SHAH ADRIWAN BIN MUHAMMAD SURAT	SSMP	DNS		



RESULT

400 M LARI BERPAGAR (LELAKI)

Summary

Rank	Heat	Bib	Name	Team	Result	Remark
1	1	781	MOHAMAD FIQRY BIN MOHD HAIRIL	SUKMA JOHOR	56.57	q
2	3	413	MOHAMMAD ADIB IRFAN BIN AZIZAN	SUKMA PERAK	56.62	q
3	2	1658	NIK ABRISAM JAZMI BIN NIK ADZLI	POAT	57.53	q
4	2	1092	MUHAMMAD ABSHAR DANISH B. MOHD AZZRUL	PULAU PINANG	57.70	q
5	1	9	VEROY CHUA JIA HAO	SINGAPORE SPORTS SCHOOL (SSP)	57.81	q
6	4	767	MUHAMMAD DANISH NABIL B. KAMARUDIN	SUKMA JOHOR	58.01	q
7	5	469	MOHAMAD AMRIE BIN MOHD ZABHAR	NEGERI SEMBILAN	58.23	q
8	5	1638	SHAZRIL ASHRAFF BIN SHAMSURBAHRY	POAT	58.54	q
9	1	1199	ALHAM SYARAFUDDIN BIN MOHAMMAD	MSPAHANG	58.88	
10	2	583	MUHAMMAD AMIR HAIKAL BIN SHAHRIZAL	TITAN ATHLETICS	59.38	
11	1	1063	ARRYAN RIZQIN ANAQI BIN MUHD HAFIZ	PLN PUTRAJAYA	59.64	
12	4	1195	MUHAMMAD ADIB IZUDIN BIN FAMIE IZUDIN	MSPAHANG	59.72	
12	2	193	muhammad khairan nasri bin kamaruddin	MUTIARA IMPIAN SPINTER	59.72	
14	3	482	MUHAMMAD AIDIL BIN IBRAHIM	KELANTAN	59.85	
15	5	168	MUHAMMAD ALIF FIRAS BIN MOHD FAZLEE	KEDAH	60.77	
16	5	1689	muhammad hamzi	MSN SELANGOR	62.47	
17	4	443	MOY SHI WEI	KAWAN ATHLETICS	64.24	
18	5	1152	Muhammad farish iskandar b. muhamad farid	AMJAY	65.03	
19	4	1037	SYED SYAHMIE DARWISY BIN TUANKU MAERAJ	WIJUARA	65.53	
20	4	109	MUHAMMAD FAHIM BIN MOHD AZLI	SSN MELAKA	66.56	
21	2	26	MUHAMMAD AMSYAR	KPTM RAPTOR	67.10	



RESULT

Rank	Heat	Bib	Name	Team	Result	Remark
22	3	683	RAYYAN MULTAZAM BIN MOHD TAHIRUDIN	PERLIS	67.74	
23	3	215	AHMAD DANIAL BIN AHMAD FARIZAL	MRSM PASIR SALAK	70.78	
24	4	529	Andi Nasrul Bin Jainuddin	MSN SELANGOR	72.04	
-	3	80	SYAHRIL BIN ZAINAL	NADI JUARA ACTIVE CLUB (NJAC)	DNS	
-	3	938	MUHAMMAD HAFIY BIN HAMIDI	SP ATHLETICS	DNS	
-	1	539	Adam Alif Bin Ghazali	MSN SELANGOR	DNF	
-	4	317	MUHAMMAD DANISH IRFAN BIN ROSLI	SMK BUKIT NENAS	DNS	
-	1	457	AVINAASH NAIR A/L SATHIASEELAN	NEGERI SEMBILAN	DNS	
-	3	1654	MUHAMMAD FAIZ IZUDDIN BIN MOHAMMAD ANUAR	POAT	DQ	
-	1	358	M. NUFAIL FAKHRI BIN SHARUN NIZAM	SSMT	DNS	
-	5	1669	MUHAMMAD SHAH ADRIWAN BIN MUHAMMAD SURAT	SSMP	DNS	
-	2	893	CARL DARRIEN BIN FERID	SAAS ATHLETICS	DNS	
-	2	361	AHMAD AQIL MIFDAL BIN NAZARI	SSMT	DNF	



RESULT

215A - MELONTAR PELURU (LELAKI) AKHIR - Final

Records	Result	Name	Team	Date	vanue
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Group 1		Start Time: 10:02 pm									
Pos	Bib	Athlete	Team	Result	1	2	3	4	5	6	Remark
1	1604	Muhd NAZMIRUL HAQEEM	MSPAHA	13.03	12.52	11.31	12.46	12.39	X	13.03	
2	1068	AMIR MIQDAD	SSBJ T	12.86	11.92	11.98	X	X	12.86	12.01	
3	638	Muhd HAZRIN MOHD AZWAN	SSTMI	12.60	12.38	11.86	11.86	12.60	12.51	12.17	
4	814	THIRUVIKRAMADITHYA THIRUCHANDRAN	QUANTU	12.06	X	X	10.63	11.92	12.06	X	
5	160	Muhd ALIF HAKIMI	KEDAH	11.52	11.06	10.24	11.52	10.38	11.02	11.12	
6	419	CHIA HONG SHEN	SUKMA	11.32	10.36	11.32	11.32	11.04	10.77	11.10	
7	1608	Muhd AFIQ	MSPAHA	11.17	10.83	10.83	X	9.77	11.17	10.91	
8	56	OOI JIN XI	SMK SE	10.51	X	X	10.51	X	X	X	
9	838	Muhd AMMAR	BEBAS	10.48	10.04	10.48	10.45				
10	115	Muhd ADAM	SSN M	9.84	9.37	X	9.84				
11	1084	LIM JIN SHEN	PULAU	9.59	8.71	9.59	9.50				
12	1047	Muhd FIROSS	WIJUAR	9.47	9.47	8.74	8.97				
13	599	Muhd ZIKRY	GOMBAK	8.91	8.91	X	7.73				
14	418	Muhd ZULNAZRIN	SUKMA	8.77	X	X	8.77				
15	629	Muhd SHAH PUTRA	SSTMI	8.37	7.02	8.37	6.63				
16	741	Muhd AISY NAUFAL	M.A.G	4.89	4.35	4.81	4.89				



RESULT

MELONTAR PELURU (LELAKI) AKHIR

Summary

Rank	Heat	Bib	Name	Team	Result	Remark
1	1	1604	Muhd NAZMIRUL HAQEEM	MSPAHA	13.03	
2	1	1068	AMIR MIQDAD	SSBJ T	12.86	
3	1	638	Muhd HAZRIN MOHD AZWAN	SSTMI	12.60	
4	1	814	THIRUVIKRAMADITHYA THIRUCHANDRAN	QUANTU	12.06	
5	1	160	Muhd ALIF HAKIMI	KEDAH	11.52	
6	1	419	CHIA HONG SHEN	SUKMA	11.32	
7	1	1608	Muhd AFIQ	MSPAHA	11.17	
8	1	56	OOI JIN XI	SMK SE	10.51	
9	1	838	Muhd AMMAR	BEBAS	10.48	
10	1	115	Muhd ADAM	SSN M	9.84	
11	1	1084	LIM JIN SHEN	PULAU	9.59	
12	1	1047	Muhd FIROSS	WIJUAR	9.47	
13	1	599	Muhd ZIKRY	GOMBAK	8.91	
14	1	418	Muhd ZULNAZRIN	SUKMA	8.77	
15	1	629	Muhd SHAH PUTRA	SSTMI	8.37	
16	1	741	Muhd AISY NAUFAL	M.A.G	4.89	



RESULT

215B - MELONTAR PELURU (LELAKI 13-15 THN) AKHIR - Final

Records	Result	Name	Team	Date	vanue
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Group 1		Start Time: 10:02 pm									
Pos	Bib	Athlete	Team	Result	1	2	3	4	5	6	Remark
1	1108	Muhd AMSYAR	SSN JO	15.09	X	14.72	15.09				
2	336	AIMAN NASUHA	SSMT	14.17	12.65	13.94	14.17				
3	1067	Muhd HADI	SSBJ T	13.59	X	13.59	X				
4	449	Mohd AIRIEL SYAZWAN B.AYUB	MUTIAR	13.15	11.98	X	13.15				
5	99	Muhd ARYAN REZQI	SSN M	12.40	12.40	12.36	12.35				
6	96	Muhd ZAFRUL AQIF	SSN M	12.22	10.56	12.22	X				
7	593	NIK ZARIF IKHWAN	TITAN	12.19	12.19	11.72	X				
8	1107	Muhd ZIKRI	SSN JO	11.79	X	X	11.79				
9	807	AISY IKMAL	QUANTU	10.95	10.47	5.51	10.95				
10	882	TUAN Muhd AMMAR ASHRAF B. TUAN MOHD ROSLI	HULA A	9.91	8.64	9.91	9.30				
11	806	Muhd DANISH HAIKAL	QUANTU	9.70	X	9.70	8.65				
12	337	Muhd RIFQY	SSMT	9.43	X	9.43	X				
13	98	AL-NAQIB ADAM	SSN M	9.39	8.74	9.39	8.42				
14	839	Muhd ZAKHWAN SHAH	SMK SE	8.96	8.36	8.96	8.09				
15	925	MUHD RAYYAN ZARIF	SP ATH	8.71	X	8.71	8.31				
16	696	TEOH PAK JIN	STELLA	8.36	8.32	8.25	8.36				
17	219	SEBASTIAN GAN MING YUE	MUAR C	8.23	8.23	7.77	7.85				
18	926	Mohd MUADDIB ISKANDAR	SP ATH	6.30	X	5.37	6.30				



RESULT

MELONTAR PELURU (LELAKI 13-15 THN) AKHIR

Summary

Rank	Heat	Bib	Name	Team	Result	Remark
1	1	1108	Muhd AMSYAR	SSN JO	15.09	
2	1	336	AIMAN NASUHA	SSMT	14.17	
3	1	1067	Muhd HADI	SSBJ T	13.59	
4	1	449	Mohd AIRIEL SYAZWAN B.AYUB	MUTIAR	13.15	
5	1	99	Muhd ARYAN REZQI	SSN M	12.40	
6	1	96	Muhd ZAFRUL AQIF	SSN M	12.22	
7	1	593	NIK ZARIF IKHWAN	TITAN	12.19	
8	1	1107	Muhd ZIKRI	SSN JO	11.79	
9	1	807	AISY IKMAL	QUANTU	10.95	
10	1	882	TUAN Muhd AMMAR ASHRAF B. TUAN MOHD ROSLI	HULA A	9.91	
11	1	806	Muhd DANISH HAIKAL	QUANTU	9.70	
12	1	337	Muhd RIFQY	SSMT	9.43	
13	1	98	AL-NAQIB ADAM	SSN M	9.39	
14	1	839	Muhd ZAKHWAN SHAH	SMK SE	8.96	
15	1	925	MUHD RAYYAN ZARIF	SP ATH	8.71	
16	1	696	TEOH PAK JIN	STELLA	8.36	
17	1	219	SEBASTIAN GAN MING YUE	MUAR C	8.23	
18	1	926	Mohd MUADDIB ISKANDAR	SP ATH	6.30	



RESULT

216 - LOMPAT TINGGI (WANITA) (AKHIR) - Final

Records	Result	Name	Team	Date	vanue
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Group 1		Start Time: 10:02 pm				
Pos	Bib	Athlete	Team	Result	Remark	
1	909	KU YEE ALENG	MSN SABAH	1.58		
2	508	ROWENA YEOH WEY NA	MSN SELANGOR	1.54		
3	670	NUR HIDAYAH BINTI AB. RAHMAN	PERLIS	1.54		
4	746	LOW EE XUAN	SUKMA JOHOR	1.54		
5	189	CHAI HANNAH	TEAM HANNAH	1.50		
6	752	NUR SABRINA NAJWA BINTI EFRUDIN	SUKMA JOHOR	1.50		
6	389	TAM SU YAN	SUKMA PERAK	1.50		
8	43	TAN HUI QI	SMK SERI SENTOSA	1.50		
9	350	DAMIA ZUHAIKHA BINTI ZULKIFLY	SSMT	1.45		
10	607	NUR AISYAH SYAMIMI BINTI MOHD SYAMSYIR	SSTMI	1.40		
11	1005	NURUL FATIMAH AMARA BINTI ABDULLAH	WIJUARA	1.40		
11	305	FATHIA FAQIHAH BINTI ABD RAHIM	SMK BUKIT NENAS	1.40		
13	1635	WAN IRYA ALIYSA BT WAN MOHD KHAIDZIR	POAT	1.35		
13	2	PET JIA NEE	SAN MIN SUWA	1.35		
15	1161	NUR HUMAIRAH AMANI BT ISMAIL	CJ ATHLETICS TEAM	1.35		
15	348	PUTERI QALESSYA AMANI BINTI KAMARUL SHAHADAN	SSMT	1.35		
17	483	BELLA BALQISH BINTI ABDUL GHAFUR	MSN SELANGOR	1.35		
18	352	NUR INSYIRAH BINTI AB AJIB	SSMT	1.30		
19	267	NUR FARISAH AFRINA BINTI MOHAMAD FAUZI	SSMP09	1.30		
-	422	MELISSA BOO SZE JIE	KAWAN ATHLETICS	NM		
-	494	CHARLOTTE CHEAH	MSN SELANGOR	NM		
-	306	NEELIYA DAMIA BINTI MOHD HAIRUZI	SMK BUKIT NENAS	NM		



RESULT

Group 1

Start Time: 10:02 pm

Pos	Bib	Athlete	Team	Result	Remark
-	1166	LIM XIN YU	SMK PEREMPUAN PUDU	NM	
-	1162	SITI NUR ZUYVIN BT ABDULLAH	CJ ATHLETICS TEAM	NM	

Details

Pos	Athlete	Team	Mark	1.30	1.35	1.40	1.45	1.50	1.54	1.58	1.60	
1	KU YEE ALENG	MSN SABAH	1.58	0	0	0	-	0	0	XO	XXX	
2	Rowena Yeoh Wey Na	MSN SELANGOR	1.54	-	-	-	-	0	0	0	XO	XXX
3	NUR HIDAYAH BINTI AB. RAHMAN	PERLIS	1.54	0	0	0	0	0	XXO	XXX		
4	LOW EE XUAN	SUKMA JOHOR	1.54	-	-	0	0	XO	XXO	XX-		
5	CHAI HANNAH	TEAM HANNAH	1.50	-	-	-	0	0	XO	0	XXX	
6	NUR SABRINA NAJWA BINTI EFRUDIN	SUKMA JOHOR	1.50	-	-	-	-	0	0	XO	XXX	
6	TAM SU YAN	SUKMA PERAK	1.50	-	0	0	0	XO	XXX			
8	TAN HUI QI	SMK SERI SENTOSA	1.50	-	-	-	-	0	0	XXO	XXX	
9	DAMIA ZUHAIKHA BINTI ZULKIFLY	SSMT	1.45	-	-	0	0	0	XO	XXX		
10	NUR AISYAH SYAMIMI BINTI MOHD SYAMSYIR	SSTMI	1.40	0	0	0	XXX					
11	NURUL FATIMAH AMARA BINTI ABDULLAH	WIJARA	1.40	0	0	XO	X--					
11	FATHIA FAQIHAH BINTI ABD RAHIM	SMK BUKIT NENAS	1.40	-	-	-	0	XO	XXX			
13	PET JIA NEE	SAN MIN SUWA	1.35	-	0	0	0	XXX				
13	WAN IRYA ALIYSA BT WAN MOHD KHAIDZIR	POAT	1.35	-	-	-	0	XXX				
15	PUTERI QALESSYA AMANI BINTI KAMARUL SHAHADAN	SSMT	1.35	-	-	0	XO	XXX				
15	NUR HUMAIRAH AMANI BT ISMAIL	CJ ATHLETICS TEAM	1.35	0	0	0	XO	XXX				
17	BELLA BALQISH BINTI ABDUL GHAFUR	MSN SELANGOR	1.35	-	-	XO	XXO	XXX				
18	NUR INSYIRAH BINTI AB AJIB	SSMT	1.30	-	0	0	XXX					
19	NUR FARISAH AFRINA BINTI MOHAMAD FAUZI	SSMP09	1.30	-	-	XXO	XXX					
20	NEELIYA DAMIA BINTI MOHD HAIRUZI	SMK BUKIT NENAS	0.00	-	-	-	-	-				



RESULT

Pos	Athlete	Team	Mark	1.30	1.35	1.40	1.45	1.50	1.54	1.58	1.60	
20	LIM XIN YU	SMK PEREMPUAN PUDU	0.00									
20	CHARLOTTE CHEAH	MSN SELANGOR	0.00									
20	SITI NUR ZUYUIN BT ABDULLAH	CJ ATHLETICS TEAM	0.00	XXX								
20	MELISSA BOO SZE JIE	KAWAN ATHLETICS	0.00	-	-	-	-	-	XXX			



RESULT

LOMPAT TINGGI (WANITA) (AKHIR)

Summary

Rank	Heat	Bib	Name	Team	Result	Remark
1	1	909	KU YEE ALENG	MSN SABAH	1.58	
2	1	508	ROWENA YEOH WEY NA	MSN SELANGOR	1.54	
3	1	670	NUR HIDAYAH BINTI AB. RAHMAN	PERLIS	1.54	
4	1	746	LOW EE XUAN	SUKMA JOHOR	1.54	
5	1	189	CHAI HANNAH	TEAM HANNAH	1.50	
6	1	752	NUR SABRINA NAJWA BINTI EFRUDIN	SUKMA JOHOR	1.50	
6	1	389	TAM SU YAN	SUKMA PERAK	1.50	
8	1	43	TAN HUI QI	SMK SERI SENTOSA	1.50	
9	1	350	DAMIA ZUHAIRAH BINTI ZULKIFLY	SSMT	1.45	
10	1	607	NUR AISYAH SYAMIMI BINTI MOHD SYAMSYIR	SSTMI	1.40	
11	1	1005	NURUL FATIMAH AMARA BINTI ABDULLAH	WIJUARA	1.40	
11	1	305	FATHIA FAQIHAH BINTI ABD RAHIM	SMK BUKIT NENAS	1.40	
13	1	1635	WAN IRYA ALIYSA BT WAN MOHD KHAIDZIR	POAT	1.35	
13	1	2	PET JIA NEE	SAN MIN SUWA	1.35	
15	1	1161	NUR HUMAIRAH AMANI BT ISMAIL	CJ ATHLETICS TEAM	1.35	
15	1	348	PUTERI QALESSYA AMANI BINTI KAMARUL SHAHADAN	SSMT	1.35	
17	1	483	BELLA BALQISH BINTI ABDUL GHAFUR	MSN SELANGOR	1.35	
18	1	352	NUR INSYIRAH BINTI AB AJIB	SSMT	1.30	
19	1	267	NUR FARISAH AFRINA BINTI MOHAMAD FAUZI	SSMP09	1.30	
-	1	422	MELISSA BOO SZE JIE	KAWAN ATHLETICS	NM	
-	1	494	CHARLOTTE CHEAH	MSN SELANGOR	NM	
-	1	306	NEELIYA DAMIA BINTI MOHD HAIRUZI	SMK BUKIT NENAS	NM	



RESULT

Rank	Heat	Bib	Name	Team	Result	Remark
-	1	1166	LIM XIN YU	SMK PEREMPUAN PUDU	NM	
-	1	1162	SITI NUR ZUYYIN BT ABDULLAH	CJ ATHLETICS TEAM	NM	



RESULT

217A - MEREJAM LEMBING (WANITA) AKHIR - Final

Records	Result	Name	Team	Date	vanue
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Group 1		Start Time: 10:02 pm									
Pos	Bib	Athlete	Team	Result	1	2	3	4	5	6	Remark
1	749	XUAN LIM	SUKMA	34.29	29.92	31.32	32.62	34.05	33.24	34.29	
2	221	CORINNE TAN LING GUI	MUAR C	32.65	25.85	31.59	32.65	28.68	27.44	X	
3	392	NUR ERISHA INSYIRAH	SUKMA	32.31	32.31	28.46	X	28.44	29.35	26.82	
4	1071	NUR ARFAH BATRISYA BT MOHD IRWAN	PULAU	31.23	27.72 -	X	X	27.93	31.23	-	
5	1012	MAISARAH	WIJUAR	30.19	28.42	30.19	23.04	25.85	29.86	X	
6	102	DAMIA DARWISYAH	SSN M	29.52	27.12	26.98	29.52	27.98	26.40	24.71	
7	394	NUR DINI HANANIE	SUKMA	29.40	29.26	X	X	23.16	29.40	X	
8	185	NURSOLEHA	SSN M	27.95	25.74	27.65	27.13	27.95	27.33	25.61	
9	1076	NUR LEANNA BALQIS BTE ROSLE	PULAU	26.37	X	X	26.37				
10	393	LIYANA HUMAIRAH	SUKMA	26.23	X	26.23	X				
11	117	NUR ERIESYA	SUKMA	24.30	X	X	24.30				
12	1115	NUR QURATUL INSYIRAH	SSN JO	23.66	23.66	23.40	23.10				
13	1075	TAN YEN YEE	PULAU	20.33	20.33	X	-				
14	63	NUR FATEHAH SOFEA	SMK SH	19.10	19.10	18.63	16.83				
15	59	NUR UMAIRAH SYAFIQAH BT YUSNIZAM	SMK SH	18.09	17.88	15.59	18.09				
16	984	NUR ADRYNA FADZRIN	SMK KO	7.37	7.37	X	6.80				



RESULT

Group 1		Start Time: 10:02 pm									
Pos	Bib	Athlete	Team	Result	1	2	3	4	5	6	Remark
-	424	ONG RAEYEN	KAWAN	NM	X	X	X				
-	1008	ZARA NURUL IMAN BT RIKO SRIYANTO	WIJUAR	NM	X	X	X				
-	808	YAP QIN YI	QUANTU	NM	X	X	X				



RESULT

MEREJAM LEMBING (WANITA) AKHIR

Summary

Rank	Heat	Bib	Name	Team	Result	Remark
1	1	749	XUAN LIM	SUKMA	34.29	
2	1	221	CORINNE TAN LING GUI	MUAR C	32.65	
3	1	392	NUR ERISHA INSYIRAH	SUKMA	32.31	
4	1	1071	NUR ARFAH BATRISYA BT MOHD IRWAN	PULAU	31.23	
5	1	1012	MAISARAH	WIJUAR	30.19	
6	1	102	DAMIA DARWISYAH	SSN M	29.52	
7	1	394	NUR DINI HANANIE	SUKMA	29.40	
8	1	185	NURSOLEHA	SSN M	27.95	
9	1	1076	NUR LEANNA BALQIS BTE ROSLE	PULAU	26.37	
10	1	393	LIYANA HUMAIRAH	SUKMA	26.23	
11	1	117	NUR ERIESYA	SUKMA	24.30	
12	1	1115	NUR QURATUL INSYIRAH	SSN JO	23.66	
13	1	1075	TAN YEN YEE	PULAU	20.33	
14	1	63	NUR FATEHAH SOFEA	SMK SH	19.10	
15	1	59	NUR UMAIRAH SYAFIQAH BT YUSNIZAM	SMK SH	18.09	
16	1	984	NUR ADRYNA FADZRIN	SMK KO	7.37	
-	1	424	ONG RAEYEN	KAWAN	NM	
-	1	1008	ZARA NURUL IMAN BT RIKO SRIYANTO	WIJUAR	NM	
-	1	808	YAP QIN YI	QUANTU	NM	



RESULT

217B - MEREJAM LEMBING (WANITA 13-15 THN) AKHIR - Final

Records	Result	Name	Team	Date	vanue
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Group 1		Start Time: 10:02 pm									
Pos	Bib	Athlete	Team	Result	1	2	3	4	5	6	Remark
1	332	NUR AIMY QISTINA	SSMT	26.66	26.66	X	X				
2	592	NORAINA DAMIA	TITAN	23.21	23.21	22.70	20.20				
3	877	ALIA ASHFATIHANY	HULA A	18.90	16.27	14.97	18.90				
4	30	NUR ZAHRAA	PLD AG	18.53	18.53	18.31	X				
5	1159	NUR HUMAIRAH AMANI BT ISMAIL	CJ ATH	18.30	17.45	18.30	X				
6	959	LOW XIAO WEI	HAPPY	16.42	X	13.00	16.42				
7	802	NURUL FARISHA EDRINA	QUANTU	13.58	11.57	13.58	13.19				
8	801	EZ ZUREEN	QUANTU	13.40	11.72	9.85	13.40				
9	1106	NUR ALIYA MAISARA	SSN JO	12.81	12.81	12.81	X				
10	957	LOW YIAN JYU	HAPPY	11.37	X	X	11.37				
-	1105	QISYA EIRDEENA	SSN JO	NM	X	X	X				



RESULT

MEREJAM LEMBING (WANITA 13-15 THN) AKHIR

Summary

Rank	Heat	Bib	Name	Team	Result	Remark
1	1	332	NUR AIMY QISTINA	SSMT	26.66	
2	1	592	NORAINA DAMIA	TITAN	23.21	
3	1	877	ALIA ASHFATIHANY	HULA A	18.90	
4	1	30	NUR ZAHRAA	PLD AG	18.53	
5	1	1159	NUR HUMAIRAH AMANI BT ISMAIL	CJ ATH	18.30	
6	1	959	LOW XIAO WEI	HAPPY	16.42	
7	1	802	NURUL FARISHA EDRINA	QUANTU	13.58	
8	1	801	EZ ZUREEN	QUANTU	13.40	
9	1	1106	NUR ALIYA MAISARA	SSN JO	12.81	
10	1	957	LOW YIAN JYU	HAPPY	11.37	
-	1	1105	QISYA EIRDEENA	SSN JO	NM	



RESULT

218 - LOMPAT JAUH (A & B) (WANITA) AKHIR - Final

Records	Result	Name	Team	Date	vanue
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Group 1		Start Time: 10:02 pm									
Pos	Bib	Athlete	Team	Result	1	2	3	4	5	6	Remark
1	1997	NURKHALEESA YASMIN	PELAPI	5.75	X	5.69	5.23	5.75	5.56	5.49	
2	388	NUR IZZAREEN SYAFIYA	SUKMA	5.43	5.43	4.84	4.84	-	-	-	
3	79	MARITZA FERRER	MSN SA	5.25	X	4.28	5.25	4.77	-	-	
4	140	NURUL AIDA BT YUSUF	KEDAH	5.18	4.51	5.02	5.11	5.18	4.06	4.99	
5	146	NURASHEERA ZULAIKA	KEDAH	4.99	4.99	X	X	3.98	X	-	
6	1662	NUR ZANNIRAH ASSYIFAA? BT MOHD AKHBAR	SSMP	4.85	4.85	4.47	4.59				
7	123	NUR ALEESYA MIA SARA	PERSAT	4.83	4.70	X	4.83				
8	1134	ELYSIA PREVINIA	MBPJ	4.75	4.59	4.75	X				
9	100	ZARA SAFFIYA QALESYA	SSN M	4.75	4.75	4.31	4.21				
10	498	RISHIMAALAR	MSN SE	4.68	4.68	4.61	4.65				
11	6	ZARA ALMIRA	SINGAP	4.66	X	X	4.66				
12	124	NUR ALEEYA MAI SARA	PERSAT	4.65	X	X	4.65				
13	306	NEELIYA DAMIA	SMK BU	4.63	4.63	4.07	4.25				
14	750	IZZATUL NABILA	SUKMA	4.61	4.50	4.61	4.61				
15	342	NURUL AMANI ADRIANI	SSMT	4.57	4.47	4.57	4.47				
16	1631	NURSYAHILA AFIERA	POAT	4.54	4.15	4.54	4.20				
17	379	QASEH ANNUR	SUKMA	4.46	4.46	X	4.19				
18	344	NUR QASRINA AMANI	SSMT	4.30	4.14	4.30	4.21				
19	57	NUR ALEESYA SOFIA	SMK SH	4.29	4.19	3.80	4.29				
20	575	AFIFFY ALEESHA	TITAN	4.29	3.97	4.29	4.06				
21	1017	NUR AULEA NAJLA	WIJUAR	4.24	4.07	4.05	4.24				
22	973	ZARA MARITZA	TCH AT	4.10	X	4.05	4.10				



RESULT

Group 1		Start Time: 10:02 pm									
Pos	Bib	Athlete	Team	Result	1	2	3	4	5	6	Remark
23	564	THESHNASHRI SARGUNAN	KELAB	4.04	4.04	4.01	3.92				
24	885	ARYANNA NATASHA BT ABD JIAD	SAAS A	3.78	3.55	3.78	3.59				
25	286	DHIA ALISHA GOH	KELAB	3.75	3.75	3.50	3.48				
26	646	CHONG LI ANN	KC PEG	3.73	3.73	3.52	3.61				
27	844	SYASYA DANIA	SMK SE	3.63	3.47	3.12	3.63				
28	203	NURFATINI BT SOBRI	MUTIAR	3.50	X	3.38	3.50				
29	931	QYRA QHALESYA	SP ATH	2.82	X	2.82	1.65				

Group 2		Start Time: 10:02 pm									
Pos	Bib	Athlete	Team	Result	1	2	3	4	5	6	Remark
1	141	NUR DALILAH HAZIQAH	KEDAH	5.23	5.08	4.93	5.13	5.23	5.10	5.19	
2	384	FARAH SYAKIRA	SUKMA	5.10	5.05	5.03	5.10	-	-	-	
3	607	NUR AISYAH SYAMIMI	SSTMI	5.02	5.02	-	-	-	-	-	
4	44	CHLOE CHOW ZIN WENG	SMK SE	5.01	4.86	5.01	4.78	X	4.80	4.59	
5	1075	TAN YEN YEE	PULAU	4.98	4.84	X	4.98				
6	1190	JULIA LEE BT TERRELL QUSHAIRY LEE	MSPAHA	4.75	4.49	4.75	4.37				
7	1630	NUR FARA ALIESYA	POAT	4.64	X	4.64	4.61				
8	307	NUR SHAMILA RAMADHANI	SMK BU	4.59	4.59	X	X				
9	202	SITI AISYA UMAIRA BT NOOR HASHIMI	MUTIAR	4.52	X	4.52	4.42				
10	353	NAJWA ADLINA	SSMT	4.41	4.12	4.41	4.39				
11	985	NORMAWADDAH	SMK KO	4.37	3.45	4.37	4.18				
12	572	NUR ALEEFA DAMIA BT HARZI	TITAN	4.36	X	3.64	4.36				
13	1664	AULIA BASHEERA BT NASARUDDIN	SSMP	4.33	X	4.30	4.33				



RESULT

Group 2		Start Time: 10:02 pm									
Pos	Bib	Athlete	Team	Result	1	2	3	4	5	6	Remark
14	125	NUR IZDIHAR	RED GI	4.31	X	3.37	4.31				
15	1663	AINUR QALEESYA BT AMINULLAH	SSMP	4.29	4.29	4.00	4.06				
16	1016	NURSYAFIQAH	WIJUAR	4.28	4.05	4.13	4.28				
17	928	NUR DAMIA FARHANAH	SP ATH	4.21	3.88	4.21	3.91				
18	58	NUR NAJLA SOLEHAH	SMK SH	4.20	4.20	3.89	3.38				
19	212	NADIA SAFIYYA	MRSM P	4.05	4.05	4.03	3.84				
20	422	MELISSA BOO SZE JIE	KAWAN	4.05	4.01	4.05	3.46				
21	841	NUR AZZAHRA WAFIYYA	SMK SE	3.88	X	3.86	3.88				
22	884	NUR IZZAH BT ITHMAWI	SAAS A	3.87	3.87	3.86	3.60				
23	933	NUR QAISARA ATHIRAH	SP ATH	3.74	3.54	3.70	3.74				
24	1013	DZURIANIS AQISYA	WIJUAR	3.71	3.71	3.64	3.42				
25	288	KHAIRIN SOFEA ZARQA	KELAB	3.57	3.57	X	3.23				
-	502	RAJA NUR AIN	MSN SE	NM	-	-	-				
-	715	NUR ADRIANA BATRISYA	BEECIT	NM	-	-	-				



RESULT

LOMPAT JAUH (A & B) (WANITA) AKHIR

Summary

Rank	Heat	Bib	Name	Team	Result	Remark
1	1	1997	NURKHALEESA YASMIN	PELAPI	5.75	
2	1	388	NUR IZZAREEN SYAFIYA	SUKMA	5.43	
3	1	79	MARITZA FERRER	MSN SA	5.25	
4	2	141	NUR DALILAH HAZIQAH	KEDAH	5.23	
5	1	140	NURUL AIDA BT YUSUF	KEDAH	5.18	
6	2	384	FARAH SYAKIRA	SUKMA	5.10	
7	2	607	NUR AISYAH SYAMIMI	SSTMI	5.02	
8	2	44	CHLOE CHOW ZIN WENG	SMK SE	5.01	
9	1	146	NURASHEERA ZULAIKA	KEDAH	4.99	
10	2	1075	TAN YEN YEE	PULAU	4.98	
11	1	1662	NUR ZANNIRAH ASSYIFAA? BT MOHD AKHBAR	SSMP	4.85	
12	1	123	NUR ALEESYA MIA SARA	PERSAT	4.83	
13	1	1134	ELYSIA PREVINIA	MBPJ	4.75	
14	2	1190	JULIA LEE BT TERRELL QUSHAIRY LEE	MSPAHA	4.75	
15	1	100	ZARA SAFFIYA QALESYA	SSN M	4.75	
16	1	498	RISHIMAALAR	MSN SE	4.68	
17	1	6	ZARA ALMIRA	SINGAP	4.66	
18	1	124	NUR ALEEYA MAI SARA	PERSAT	4.65	
19	2	1630	NUR FARA ALIESYA	POAT	4.64	
20	1	306	NEELIYA DAMIA	SMK BU	4.63	
21	1	750	IZZATUL NABILA	SUKMA	4.61	
22	2	307	NUR SHAMILA RAMADHANI	SMK BU	4.59	
23	1	342	NURUL AMANI ADRIANI	SSMT	4.57	
24	1	1631	NURSYAHILA AFIERA	POAT	4.54	



RESULT

Rank	Heat	Bib	Name	Team	Result	Remark
25	2	202	SITI AISYA UMAIRA BT NOOR HASHIMI	MUTIAR	4.52	
26	1	379	QASEH ANNUR	SUKMA	4.46	
27	2	353	NAJWA ADLINA	SSMT	4.41	
28	2	985	NORMAWADDAH	SMK KO	4.37	
29	2	572	NUR ALEEFA DAMIA BT HARZI	TITAN	4.36	
30	2	1664	AULIA BASHEERA BT NASARUDDIN	SSMP	4.33	
31	2	125	NUR IZDIHAR	RED GI	4.31	
32	1	344	NUR QASRINA AMANI	SSMT	4.30	
33	1	57	NUR ALEESYA SOFIA	SMK SH	4.29	
34	2	1663	AINUR QALEESYA BT AMINULLAH	SSMP	4.29	
35	1	575	AFIFFY ALEESHA	TITAN	4.29	
36	2	1016	NURSYAFIQAH	WIJUAR	4.28	
37	1	1017	NUR AULEA NAJLA	WIJUAR	4.24	
38	2	928	NUR DAMIA FARHANAH	SP ATH	4.21	
39	2	58	NUR NAJLA SOLEHAH	SMK SH	4.20	
40	1	973	ZARA MARITZA	TCH AT	4.10	
41	2	212	NADIA SAFIYYA	MRSM P	4.05	
42	2	422	MELISSA BOO SZE JIE	KAWAN	4.05	
43	1	564	THESHNASHRI SARGUNAN	KELAB	4.04	
44	2	841	NUR AZZAHRA WAFIYYA	SMK SE	3.88	
45	2	884	NUR IZZAH BT ITHMAWI	SAAS A	3.87	
46	1	885	ARYANNA NATASHA BT ABD JIAD	SAAS A	3.78	
47	1	286	DHIA ALISHA GOH	KELAB	3.75	
48	2	933	NUR QAISARA ATHIRAH	SP ATH	3.74	
49	1	646	CHONG LI ANN	KC PEG	3.73	
50	2	1013	DZURIANIS AQISYA	WIJUAR	3.71	
51	1	844	SYASYA DANIA	SMK SE	3.63	
52	2	288	KHAIRIN SOFEA ZARQA	KELAB	3.57	



RESULT

Rank	Heat	Bib	Name	Team	Result	Remark
53	1	203	NURFATINI BT SOBRI	MUTIAR	3.50	
54	1	931	QYRA QHALESYA	SP ATH	2.82	
-	2	715	NUR ADRIANA BATRISYA	BEECIT	NM	
-	2	502	RAJA NUR AIN	MSN SE	NM	



RESULT

219 - 400 M LARI BERPAGAR (LELAKI) - Final

Records	Result	Name	Team	Date	vanue
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Heat 1		Start Time: 03:29 pm				
Pos	Bib	Athlete	Team	Result	React	Remark
1	413	MOHAMMAD ADIB IRFAN BIN AZIZAN	SUKMA PERAK	55.23		
2	1638	SHAZRIL ASHRAFF BIN SHAMSURBAHRY	POAT	56.70		
3	9	VEROY CHUA JIA HAO	SINGAPORE SPORTS SCHOOL (SSP)	56.86		
4	469	MOHAMAD AMRIE BIN MOHD ZABHAR	NEGERI SEMBILAN	56.99		
5	1658	NIK ABRISAM JAZMI BIN NIK ADZLI	POAT	58.51		
6	767	MUHAMMAD DANISH NABIL B. KAMARUDIN	SUKMA JOHOR	59.02		
-	781	MOHAMAD FIQRY BIN MOHD HAIRIL	SUKMA JOHOR	DNS		
-	1092	MUHAMMAD ABSHAR DANISH B. MOHD AZZRUL	PULAU PINANG	DNS		



RESULT

400 M LARI BERPAGAR (LELAKI)

Summary

Rank	Heat	Bib	Name	Team	Result	Remark
1	1	413	MOHAMMAD ADIB IRFAN BIN AZIZAN	SUKMA PERAK	55.23	
2	1	1638	SHAZRIL ASHRAFF BIN SHAMSURBAHRY	POAT	56.70	
3	1	9	VEROY CHUA JIA HAO	SINGAPORE SPORTS SCHOOL (SSP)	56.86	
4	1	469	MOHAMAD AMRIE BIN MOHD ZABHAR	NEGERI SEMBILAN	56.99	
5	1	1658	NIK ABRISAM JAZMI BIN NIK ADZLI	POAT	58.51	
6	1	767	MUHAMMAD DANISH NABIL B. KAMARUDIN	SUKMA JOHOR	59.02	
-	1	1092	MUHAMMAD ABSHAR DANISH B. MOHD AZZRUL	PULAU PINANG	DNS	
-	1	781	MOHAMAD FIQRY BIN MOHD HAIRIL	SUKMA JOHOR	DNS	



RESULT

220 - 400 M LARI BERPAGAR (WANITA) - Final

Records	Result	Name	Team	Date	vanue
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Heat 1		Start Time: 03:36 pm				
Pos	Bib	Athlete	Team	Result	React	Remark
1	473	FATIN NASHIRA BINTI MOHD FADZIL	KELANTAN	65.12		
2	1636	NUR FARISHA ARDEANA ARDY BT ABDULLAH	POAT	67.39		
3	192	NUR DAMIA DURRANI BT BILAL	MUTIARA IMPIAN SPINTER	71.27		
4	1133	NITYATRUKSHA	MBPJ	71.63		
5	338	ROSE AIESYA BINTI RASWANIZAM	SSMT	73.32		
6	1180	NURAEILAH SHAFIYYA BT KASIM	MSPAANG	74.55		
7	347	NURIN DAMIA KARMILA BINTI ROSDAN	SSMT	76.44		
8	1185	IZATI FHARIZA BINTI LALEZAI	MSPAANG	79.79		



RESULT

400 M LARI BERPAGAR (WANITA)

Summary

Rank	Heat	Bib	Name	Team	Result	Remark
1	1	473	FATIN NASHIRA BINTI MOHD FADZIL	KELANTAN	65.12	
2	1	1636	NUR FARISHA ARDEANA ARDY BT ABDULLAH	POAT	67.39	
3	1	192	NUR DAMIA DURRANI BT BILAL	MUTIARA IMPIAN SPINTER	71.27	
4	1	1133	NITYATRUKSHA	MBPJ	71.63	
5	1	338	ROSE AIESYA BINTI RASWANIZAM	SSMT	73.32	
6	1	1180	NURAEILIAH SHAFIYYA BT KASIM	MSPAHANG	74.55	
7	1	347	NURIN DAMIA KARMILA BINTI ROSDAN	SSMT	76.44	
8	1	1185	IZATI FHARIZA BINTI LALEZAI	MSPAHANG	79.79	



RESULT

221 - 200 M (WANITA) - Final

Records	Result	Name	Team	Date	vanue
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Heat 1					Start Time: 03:50 pm	Wind: -0.9 m/s	
Pos	Bib	Athlete	Team	Result	React	Remark	
1	1625	IZZATUL MUSFIRAH BINTI AHMAD KAMAL AZIRA	POAT	25.13			
2	1626	NOR ALIYA NAJIHAH BINTI MUDA	POAT	25.78			
3	758	NOR MALISYA BINTI MOHD ISHAK	SUKMA JOHOR	26.14			
4	753	ANG JIA HUAN	SUKMA JOHOR	26.43			
5	451	ADRIANA BINTI SHAHRYLL NIZAM	NEGERI SEMBILAN	26.76			
6	5	NEO EN YU	SINGAPORE SPORTS SCHOOL (SSP)	27.22			
7	351	SITI ZULAIQA BINTI MOHD ZAMRI	SSMT	27.34			
-	760	NUR ZALIFAH HALISYA BINTI A.HALIM	SUKMA JOHOR	DNS			



RESULT

200 M (WANITA)

Summary

Rank	Heat	Bib	Name	Team	Result	Remark
1	1	1625	IZZATUL MUSFIRAH BINTI AHMAD KAMAL AZIRA	POAT	25.13	
2	1	1626	NOR ALIYA NAJIAH BINTI MUDA	POAT	25.78	
3	1	758	NOR MALISYA BINTI MOHD ISHAK	SUKMA JOHOR	26.14	
4	1	753	ANG JIA HUAN	SUKMA JOHOR	26.43	
5	1	451	ADRIANA BINTI SHAHRYLL NIZAM	NEGERI SEMBILAN	26.76	
6	1	5	NEO EN YU	SINGAPORE SPORTS SCHOOL (SSP)	27.22	
7	1	351	SITI ZULAIQA BINTI MOHD ZAMRI	SSMT	27.34	
-	1	760	NUR ZALIFAH HALISYA BINTI A.HALIM	SUKMA JOHOR	DNS	



RESULT

222 - 200 M (LELAKI) - Final

Records	Result	Name	Team	Date	vanue
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Heat 1					Start Time: 04:02 pm	Wind: -1.8 m/s	
Pos	Bib	Athlete	Team	Result	React	Remark	
1	918	AIREL AMANI BIN KAHAR	MSN SABAH	21.91			
2	509	DANISH IRFAN	MSN SELANGOR	22.33			
3	149	MUHAMMAD DZUL DANISH BIN JAMARI	KEDAH	22.38			
4	399	SAMUEL RAJ A/L DANIEL	SUKMA PERAK	22.50			
5	1095	DARWISH RUSHDAN BIN MOHAMAD FIRDAUS	PULAU PINANG	22.61			
6	1023	VALEN GAN SEONG HOO	WIJUARA	22.87			
7	1682	AMZAR BIN RUSLI	MSS TERENGGANU	22.91			
8	789	MUHAMMAD YAFIK HAKIMI BIN AZMIR ESMAD	SUKMA JOHOR	23.46			



RESULT

200 M (LELAKI)

Summary

Rank	Heat	Bib	Name	Team	Result	Remark
1	1	918	AIREL AMANI BIN KAHAR	MSN SABAH	21.91	
2	1	509	DANISH IRFAN	MSN SELANGOR	22.33	
3	1	149	MUHAMMAD DZUL DANISH BIN JAMARI	KEDAH	22.38	
4	1	399	SAMUEL RAJ A/L DANIEL	SUKMA PERAK	22.50	
5	1	1095	DARWISH RUSHDAN BIN MOHAMAD FIRDAUS	PULAU PINANG	22.61	
6	1	1023	VALEN GAN SEONG HOO	WIJUARA	22.87	
7	1	1682	AMZAR BIN RUSLI	MSS TERENGGANU	22.91	
8	1	789	MUHAMMAD YAFIK HAKIMI BIN AZMIR ESMAD	SUKMA JOHOR	23.46	



RESULT

223 - 1500 M (WANITA) AKHIR - Final

Records	Result	Name	Team	Date	vanue
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Heat 1		Start Time: 04:22 pm				
Pos	Bib	Athlete	Team	Result	React	Remark
1	913	NUR SYIFA RAISHA BINTI FIRDAUS	MSN SABAH	5:14.34		
2	1006	NASYIBAH BINTI SUHAIMI	WIJUARA	5:14.99		
3	756	ROSNANI BINTI MAHAMAD	SUKMA JOHOR	5:20.12		
4	147	TARSHINI A/P MARAN	KEDAH	5:20.77		
5	1637	NUR FARA SYUHADA BT MAT RAZALI	POAT	5:22.32		
6	308	NUR IZZATIE AYUNI BINTI MOHD FAIZAL	SMK BUKIT NENAS	5:22.33		
7	914	SHARLENE FIONEY SONNY	MSN SABAH	5:22.73		
8	142	TAN EVELYN	KEDAH	5:24.35		
9	1189	SARMILA A/P PUSHPAKUMAR	MSPAANG	5:33.41		
10	725	SYARIFAH DAMIA BT SHARIF MOHD NASSER	M.A.G	5:47.01		
11	356	NUR BALQIS BATRISYA BINTI MOHD FAIRO	SSMT	5:51.55		
12	346	AREESYA SAFFIYA BINTI MOHD SHUKMAN NIZAM	SSMT	5:52.92		
13	647	WONG MEI SZE	KC PEGASUS	6:08.20		
14	932	SANGKAMITRA A/P KUMARACHELVAN	SP ATHLETICS	6:09.73		
15	126	NURUL AININ SOFEA BIN MOHAMMAD FAUDZIMAN	RED GIANT PARA ATHLETICS CLUB	6:15.97		
16	886	SITI AQILAH ANAQAH BINTI GHAZALI ZARIN	SAAS ATHLETICS	6:18.19		
17	340	NUR AUNI ADLINA BINTI SAFUFAIZUL AZUAN	SSMT	6:20.28		
18	300	THIWHILYA A/P BALU	B STAR RUNNING CLUB	6:30.93		
19	427	AIREES IRISA	KAWAN ATHLETICS	6:41.51		



RESULT

Heat 1

Start Time: 04:22 pm

Pos	Bib	Athlete	Team	Result	React	Remark
20	861	NURUL JANNAH BT SHAHKHAIRUL NIZAM	CLP ATHLETIC PUTRAJAYA	6:47.89		
21	287	AINNUR SAFIYYAH BINTI SYAHRUL NIZAM	KELAB OLAHRAGA BP	6:55.40		
22	729	NURLAILATHUL FATIHAH BINTI MOHD ARIS	M.A.G	7:04.07		
23	262	NUR HUMAIRA ALISHA BINTI HASRIZAM	MRSM PASIR SALAK	7:21.33		
24	291	SITI HADIRAH BINTI MOHAMAD HAFEZ	KELAB OLAHRAGA BP	7:37.55		
25	856	NAJIHA BINTI MOHD TAHIR	IPTEK	7:42.12		
26	272	RAMONA BINTI AMIR	FALCON ATHLETICS	7:54.47		
-	860	QASEH NUR IRIS BT SAHNAN NUDDIN	CLP ATHLETIC PUTRAJAYA	DNS		
-	289	JOCELYN HEN SI JIA	KELAB OLAHRAGA BP	DNS		
-	504	Selina Lim Jia Ern	MSN SELANGOR	DNS		
-	214	SARAH QISTINA BINTI SHAARI	MRSM PASIR SALAK	DNS		
-	1014	AINNUR BATRISYA BT AZLI	WIJUARA	DNS		



RESULT

1500 M (WANITA) AKHIR

Summary

Rank	Heat	Bib	Name	Team	Result	Remark
1	1	913	NUR SYIFA RAISHA BINTI FIRDAUS	MSN SABAH	5:14.34	
2	1	1006	NASYIBAH BINTI SUHAIMI	WIJUARA	5:14.99	
3	1	756	ROSNANI BINTI MAHAMAD	SUKMA JOHOR	5:20.12	
4	1	147	TARSHINI A/P MARAN	KEDAH	5:20.77	
5	1	1637	NUR FARA SYUHADA BT MAT RAZALI	POAT	5:22.32	
6	1	308	NUR IZZATIE AYUNI BINTI MOHD FAIZAL	SMK BUKIT NENAS	5:22.33	
7	1	914	SHARLENE FIONY SONNY	MSN SABAH	5:22.73	
8	1	142	TAN EVELYN	KEDAH	5:24.35	
9	1	1189	SARMILA A/P PUSHPAKUMAR	MSPAHANG	5:33.41	
10	1	725	SYARIFAH DAMIA BT SHARIF MOHD NASSER	M.A.G	5:47.01	
11	1	356	NUR BALQIS BATRISYA BINTI MOHD FAIRO	SSMT	5:51.55	
12	1	346	AREESYA SAFFIYA BINTI MOHD SHUKMAN NIZAM	SSMT	5:52.92	
13	1	647	WONG MEI SZE	KC PEGASUS	6:08.20	
14	1	932	SANGKAMITRA A/P KUMARACHELVAN	SP ATHLETICS	6:09.73	
15	1	126	NURUL AININ SOFEA BIN MOHAMMAD FAUDZIMAN	RED GIANT PARA ATHLETICS CLUB	6:15.97	
16	1	886	SITI AQILAH ANAQAH BINTI GHAZALI ZARIN	SAAS ATHLETICS	6:18.19	
17	1	340	NUR AUNI ADLINA BINTI SAFUFAIZUL AZUAN	SSMT	6:20.28	
18	1	300	THIWHILYA A/P BALU	B STAR RUNNING CLUB	6:30.93	
19	1	427	AIREES IRISA	KAWAN ATHLETICS	6:41.51	
20	1	861	NURUL JANNAH BT SHAHKHAIRUL NIZAM	CLP ATHLETIC PUTRAJAYA	6:47.89	
21	1	287	AINNUR SAFIYYAH BINTI SYAHRUL NIZAM	KELAB OLAHRAGA BP	6:55.40	



RESULT

Rank	Heat	Bib	Name	Team	Result	Remark
22	1	729	NURLAILATHUL FATIHAH BINTI MOHD ARIS	M.A.G	7:04.07	
23	1	262	NUR HUMAIRA ALISHA BINTI HASRIZAM	MRSM PASIR SALAK	7:21.33	
24	1	291	SITI HADIRAH BINTI MOHAMAD HAFEZ	KELAB OLAHRAGA BP	7:37.55	
25	1	856	NAJIHA BINTI MOHD TAHIR	IPTEK	7:42.12	
26	1	272	RAMONA BINTI AMIR	FALCON ATHLETICS	7:54.47	
-	1	504	Selina Lim Jia Ern	MSN SELANGOR	DNS	
-	1	289	JOCELYN HEN SI JIA	KELAB OLAHRAGA BP	DNS	
-	1	860	QASEH NUR IRIS BT SAHMAN NUDDIN	CLP ATHLETIC PUTRAJAYA	DNS	
-	1	214	SARAH QISTINA BINTI SHAARI	MRSM PASIR SALAK	DNS	
-	1	1014	AINNUR BATRISYA BT AZLI	WIJUARA	DNS	



RESULT

224 - 1500 M (LELAKI) AKHIR - Final

Records	Result	Name	Team	Date	vanue
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Heat 1		Start Time: 04:41 pm				
Pos	Bib	Athlete	Team	Result	React	Remark
1	54	MUHAMAD AIMAN ISKANDAR BIN SHAHRIN	SMK SERI SENTOSA	4:45.24		
2	217	AMIRUN NAQIB BIN AHMAD AZANI	MRSM PASIR SALAK	4:47.55		
3	210	TENGGU HADIF RIFQI BIN TENGGU AFFIRIZAL	COACH KENEY RUN CLINIQUE	4:48.46		
4	738	NURUL AZRI AZIB BIN NURUL AMAL	M.A.G	4:59.48		
5	561	kang chin chen	MSN SELANGOR	5:02.86		
6	731	MOHAMAD NADHIF BIN MOHAMMAD NOR HAFFIZ	M.A.G	5:16.35		
7	274	JOASH TEOH JYUN XUEN	FALCON ATHLETICS	5:19.66		
8	266	MUHAMMAD RAYYAN HERRIZ BIN FAIZROL HAIZRIQ	MRSM PASIR SALAK	5:21.32		
9	863	MUHAMMAD AARON IEMAN B SAHMAN NUDDIN	CLP ATHLETIC PUTRAJAYA	5:31.19		
10	226	TEE PO EE	MUAR CHHS	5:33.64		
11	559	soh jun ren	MSN SELANGOR	5:42.00		
12	229	LIM SHI YIT	MUAR CHHS	5:51.60		
13	293	FIRAAS IRSYAD BIN ESAIROL AZHAM	KELAB OLAHRAGA BP	6:05.52		
14	228	LING ZI JUN	MUAR CHHS	6:08.56		
15	968	TEOH JUN JIE	HAPPY KIDS SPORTS CLUB	6:13.00		
16	294	MUHAMMAD HAZIQ DANISH BIN IRWAN	KELAB OLAHRAGA BP	6:15.67		
17	298	FAIZ AQIL BIN MOHD FADZIL	KELAB OLAHRAGA BP	7:03.75		
-	327	KINGSTON TAN JIAN WEI	KELAB OLAHRAGA SETIAWANGSA	DNS		



RESULT

Heat 1

Start Time: 04:41 pm

Pos	Bib	Athlete	Team	Result	React	Remark
-	22	MUHAMMAD ADAM AMJAD BIN MOHD AZIZUL	TEAM COACH RADELEA	DNS		

Heat 2

Start Time: 04:50 pm

Pos	Bib	Athlete	Team	Result	React	Remark
1	207	ZAFEER ERFAN BIN ALI MOHAMAD	COACH KENEY RUN CLINIQUE	4:39.25		
2	1032	MUHAMMAD ZAFRAN BIN AZIZOL	WIJUARA	4:40.19		
3	362	ABDUL HAZIQ BIN GHAZALI	SSMT	4:49.63		
4	545	Navilesh a/l Puspanathan	MSN SELANGOR	4:51.02		
5	558	jayden yew jia yang	MSN SELANGOR	4:51.37		
6	582	AHMAD ZARRITH BIN MOHD HAIRIL	TITAN ATHLETICS	4:55.78		
7	658	WONG TZE HEING	KC PEGASUS	5:02.80		
8	441	MOHAMAD AIDAN ILHAN	KAWAN ATHLETICS	5:15.76		
9	303	VITESH A/L CHENDRAN	B STAR RUNNING CLUB	5:21.78		
10	589	MUHAMMAD IRFHAN ABBASSHY BIN SHAHRIZAN1/3/2011	TITAN ATHLETICS	5:26.94		
11	302	PRATHISWARAN A/L SIVANESWARAN	B STAR RUNNING CLUB	5:31.07		
12	664	GUN YEW ZHE	KC PEGASUS	5:41.45		
13	218	ALHAIDAR DARWISH BIN ISZAN	MRSM PASIR SALAK	5:42.99		
14	292	DANI ADAM GOH BIN MUHAMMAD GOH	KELAB OLAHRAGA BP	5:50.87		
15	655	GOH MIN RUI	KC PEGASUS	5:54.82		
16	850	MUHAMMAD RAYYAN MIKHAIL BIN MOHAMAD AHSRI	SMK SERI PERMAISURI	6:24.36		
17	651	HONG CHENG DING	KC PEGASUS	6:29.54		
18	297	MUHAMMAD ZIKRI IKHWAN BIN MOHD ZAKI	KELAB OLAHRAGA BP	6:50.05		
-	540	Tamilalagan a/l Shanker	MSN SELANGOR	DNS		
-	548	Siddarthan al Sugumaram	MSN SELANGOR	DNS		



RESULT

Heat 3

Start Time: 05:04 pm

Pos	Bib	Athlete	Team	Result	React	Remark
1	1029	MUHAMMAD DANIAL ZAQWAN BIN MUHD AYUD	WIJUARA	4:18.92		
2	156	MUHAMMAD ABSYAR HAFIY B. KHAIRUL BASHAR	KEDAH	4:22.08		
3	94	KIRANRAJ A/L SUBRAMANIAM	PNG THROWS TEAM	4:24.82		
4	1080	PUVINTHEN A/L MANOGARAN	PULAU PINANG	4:27.88		
5	1659	MUHAMMAD HAKEM BIN ZAHRIN HISHAM	POAT	4:34.07		
6	1140	CHAN KAR LOK	MBPJ	4:34.08		
7	734	NG BOYU	M.A.G	4:38.14		
8	13	AHMAD RAYYAN BIN NOORZAIRIN	BEBAS (AHMAD RAYYAN)	4:45.65		
9	301	HARISH KUMAR A/L RISHI KUMAR	B STAR RUNNING CLUB	4:57.15		
10	941	MUHAMMAD ADIB ZAFRAN BIN SAIFUL YAZAN	STAR (SEKOLAH TUANKU ABDUL RAHMAN)	5:05.45		
11	570	RIFQI HARRAZ MOHD RAHIMI	KELAB OLAHRAGA SHAHSARA	5:43.61		
12	652	EDRIC HO MUN HIN	KC PEGASUS	5:50.82		
-	359	ZUFAR HAZIQ BIN MOHAMMAD KHAIRUL SYAWAL	SSMT	DNS		
-	588	JOTHIESWARAN A/L PONNUSAMY	TITAN ATHLETICS	DNS		
-	275	LEE XIN YE	FALCON ATHLETICS	DNS		
-	987	THISHANTH A/L ARUL MURALI	SMK KOMPLEKS KLIA	DNS		
-	1198	THIVANESH KUMAR A/L RAMESH KUMAR	MSPAANG	DNS		
-	326	NIFAIL SULHI BIN SILAHUDDIN	KELAB OLAHRAGA SETIAWANGSA	DNS		
-	1136	DARRNESSHAN	MBPJ	DNS		

Heat 4

Start Time: 05:13 pm

Pos	Bib	Athlete	Team	Result	React	Remark
1	1612	SRI MURUGAN A/L SUNDRAMOOTHY	MSPAANG	4:09.54		



RESULT

Heat 4

Start Time: 05:13 pm

Pos	Bib	Athlete	Team	Result	React	Remark
2	1085	LIM WEI XIAN	PULAU PINANG	4:10.44		
3	1191	SHAIKH AHMAD FAHMI BIN SHAIKH AHMAD FAUZI	MSPAANG	4:13.36		
4	1043	JAGHTPREET SINGH A/L HARJIT SINGH	WIJUARA	4:17.52		
5	463	JAYVIND A/L THANABALAN	NEGERI SEMBILAN	4:18.11		
6	1611	KARTHIK A/L RATNAM	MSPAANG	4:19.43		
7	82	MUHAMMAD WAFIQ QAYYUM BIN MOHD BAHRI	YRC	4:34.05		
8	679	MUHAMMAD ADAM FARISH BIN AHMAD TAJUDIN	PERLIS	4:34.48		
9	133	KHOR YU JIE	VRC ACADEMY	4:41.28		
10	40	Varshan Panirselvam	BE THE BEST ATHLETIC CLUB	4:50.83		
11	252	SHAANTHESH A/L MUNIAPPAN	JEGA TALENT ATHLETIC CLUB	4:55.27		
12	857	ALIFF NAZIRUL FAHMY BIN NASARUDDIN	IPEK	5:17.30		
13	211	WIRAPUTRA DASS	COACH KENEY RUN CLINIQUE	5:24.23		
14	127	DESFALNO JASMAN BIN JAM KHIR	RED GIANT PARA ATHLETICS CLUB	5:49.34		
15	740	ILHAM FAISAL BIN MOHD ARIS	M.A.G	6:12.04		
-	771	POVEN KUMAR A/L MUTHU	SUKMA JOHOR	DNF		
-	21	MOHAMMAD HAIMAN HAKIM BIN SAYUTI	TEAM COACH RADELEA	DNS		
-	19	WAN ISHMEL THOHA BIN WAN MUHAMMAD ASRUL ARIF	TEAM COACH RADELEA	DNS		
-	373	AMIR NAUFAL BIH MOHD ZAIDY	MSNM	DNS		
-	1704	LIM CHEE KENG	SM STELLA MARIS PUDU	DNS		



RESULT

1500 M (LELAKI) AKHIR

Summary

Rank	Heat	Bib	Name	Team	Result	Remark
1	4	1612	SRI MURUGAN A/L SUNDRAMOOTHY	MSPAANG	4:09.54	
2	4	1085	LIM WEI XIAN	PULAU PINANG	4:10.44	
3	4	1191	SHAIKH AHMAD FAHMI BIN SHAIKH AHMAD FAUZI	MSPAANG	4:13.36	
4	4	1043	JAGHTPREET SINGH A/L HARJIT SINGH	WIJUARA	4:17.52	
5	4	463	JAYVIND A/L THANABALAN	NEGERI SEMBILAN	4:18.11	
6	3	1029	MUHAMMAD DANIAL ZAQWAN BIN MUHD AYUD	WIJUARA	4:18.92	
7	4	1611	KARTHIK A/L RATNAM	MSPAANG	4:19.43	
8	3	156	MUHAMMAD ABSYAR HAFIY B. KHAIRUL BASHAR	KEDAH	4:22.08	
9	3	94	KIRANRAJ A/L SUBRAMANIAM	PNG THROWS TEAM	4:24.82	
10	3	1080	PUVINTHEN A/L MANOGARAN	PULAU PINANG	4:27.88	
11	4	82	MUHAMMAD WAFIQ QAYYUM BIN MOHD BAHRI	YRC	4:34.05	
12	3	1659	MUHAMMAD HAKEM BIN ZHRIN HISHAM	POAT	4:34.07	
13	3	1140	CHAN KAR LOK	MBPJ	4:34.08	
14	4	679	MUHAMMAD ADAM FARISH BIN AHMAD TAJUDIN	PERLIS	4:34.48	
15	3	734	NG BOYU	M.A.G	4:38.14	
16	2	207	ZAFEER ERFAN BIN ALI MOHAMAD	COACH KENEY RUN CLINIQUE	4:39.25	
17	2	1032	MUHAMMAD ZAFRAN BIN AZIZOL	WIJUARA	4:40.19	
18	4	133	KHOR YU JIE	VRC ACADEMY	4:41.28	
19	1	54	MUHAMAD AIMAN ISKANDAR BIN SHAHRIN	SMK SERI SENTOSA	4:45.24	
20	3	13	AHMAD RAYYAN BIN NOORZAIRIN	BEBAS (AHMAD RAYYAN)	4:45.65	
21	1	217	AMIRUN NAQIB BIN AHMAD AZANI	MRSM PASIR SALAK	4:47.55	



RESULT

Rank	Heat	Bib	Name	Team	Result	Remark
22	1	210	TENGGU HADIF RIFQI BIN TENGGU AFFIRIZAL	COACH KENEY RUN CLINIQUE	4:48.46	
23	2	362	ABDUL HAZIQ BIN GHAZALI	SSMT	4:49.63	
24	4	40	Varshan Panirselvam	BE THE BEST ATHLETIC CLUB	4:50.83	
25	2	545	Navilesh a/l Puspanathan	MSN SELANGOR	4:51.02	
26	2	558	jayden yew jia yang	MSN SELANGOR	4:51.37	
27	4	252	SHAANTHESH A/L MUNIAPPAN	JEGA TALENT ATHLETIC CLUB	4:55.27	
28	2	582	AHMAD ZARRITH BIN MOHD HAIRIL	TITAN ATHLETICS	4:55.78	
29	3	301	HARISH KUMAR A/L RISHI KUMAR	B STAR RUNNING CLUB	4:57.15	
30	1	738	NURUL AZRI AZIB BIN NURUL AMAL	M.A.G	4:59.48	
31	2	658	WONG TZE HEING	KC PEGASUS	5:02.80	
32	1	561	kang chin chen	MSN SELANGOR	5:02.86	
33	3	941	MUHAMMAD ADIB ZAFRAN BIN SAIFUL YAZAN	STAR (SEKOLAH TUANKU ABDUL RAHMAN)	5:05.45	
34	2	441	MOHAMAD AIDAN ILHAN	KAWAN ATHLETICS	5:15.76	
35	1	731	MOHAMAD NADHIF BIN MOHAMMAD NOR HAFIZ	M.A.G	5:16.35	
36	4	857	ALIFF NAZIRUL FAHMY BIN NASARUDDIN	IPTEK	5:17.30	
37	1	274	JOASH TEOH JYUN XUEN	FALCON ATHLETICS	5:19.66	
38	1	266	MUHAMMAD RAYYAN HERRIZ BIN FAIZROL HAIZRIQ	MRSM PASIR SALAK	5:21.32	
39	2	303	VITESH A/L CHENDRAN	B STAR RUNNING CLUB	5:21.78	
40	4	211	WIRAPUTRA DASS	COACH KENEY RUN CLINIQUE	5:24.23	
41	2	589	MUHAMMAD IRFHAN ABBASSHY BIN SHAHRIZAN1/3/2011	TITAN ATHLETICS	5:26.94	
42	2	302	PRATHISWARAN A/L SIVANESWARAN	B STAR RUNNING CLUB	5:31.07	



RESULT

Rank	Heat	Bib	Name	Team	Result	Remark
43	1	863	MUHAMMAD AARON IEMAN B SAHMAN NUDDIN	CLP ATHLETIC PUTRAJAYA	5:31.19	
44	1	226	TEE PO EE	MUAR CHHS	5:33.64	
45	2	664	GUN YEW ZHE	KC PEGASUS	5:41.45	
46	1	559	soh jun ren	MSN SELANGOR	5:42.00	
47	2	218	ALHAIDAR DARWISH BIN ISZAN	MRSM PASIR SALAK	5:42.99	
48	3	570	RIFQI HARRAZ MOHD RAHIMI	KELAB OLAHRAGA SHAHSARA	5:43.61	
49	4	127	DEFALNO JASMAN BIN JAM KHIR	RED GIANT PARA ATHLETICS CLUB	5:49.34	
50	3	652	EDRIC HO MUN HIN	KC PEGASUS	5:50.82	
51	2	292	DANI ADAM GOH BIN MUHAMMAD GOH	KELAB OLAHRAGA BP	5:50.87	
52	1	229	LIM SHI YIT	MUAR CHHS	5:51.60	
53	2	655	GOH MIN RUI	KC PEGASUS	5:54.82	
54	1	293	FIRAAS IRSYAD BIN ESAIROL AZHAM	KELAB OLAHRAGA BP	6:05.52	
55	1	228	LING ZI JUN	MUAR CHHS	6:08.56	
56	4	740	ILHAM FAISAL BIN MOHD ARIS	M.A.G	6:12.04	
57	1	968	TEOH JUN JIE	HAPPY KIDS SPORTS CLUB	6:13.00	
58	1	294	MUHAMMAD HAZIQ DANISH BIN IRWAN	KELAB OLAHRAGA BP	6:15.67	
59	2	850	MUHAMMAD RAYYAN MIKHAIL BIN MOHAMAD AHSRI	SMK SERI PERMAISURI	6:24.36	
60	2	651	HONG CHENG DING	KC PEGASUS	6:29.54	
61	2	297	MUHAMMAD ZIKRI IKHWAN BIN MOHD ZAKI	KELAB OLAHRAGA BP	6:50.05	
62	1	298	FAIZ AQIL BIN MOHD FADZIL	KELAB OLAHRAGA BP	7:03.75	
-	1	327	KINGSTON TAN JIAN WEI	KELAB OLAHRAGA SETIAWANGSA	DNS	



RESULT

Rank	Heat	Bib	Name	Team	Result	Remark
-	3	359	ZUFAR HAZIQ BIN MOHAMMAD KHAIRUL SYAWAL	SSMT	DNS	
-	2	540	Tamilalagan a/l Shanker	MSN SELANGOR	DNS	
-	4	771	POVEN KUMAR A/L MUTHU	SUKMA JOHOR	DNF	
-	3	588	JOTHIESWARAN A/L PONNUSAMY	TITAN ATHLETICS	DNS	
-	1	22	MUHAMMAD ADAM AMJAD BIN MOHD AZIZUL	TEAM COACH RADELEA	DNS	
-	2	548	Siddarthan al Sugumaram	MSN SELANGOR	DNS	
-	3	326	NIFAIL SULHI BIN SILAHUDDIN	KELAB OLAHRAGA SETIAWANGSA	DNS	
-	4	373	AMIR NAUFAL BIH MOHD ZAIDY	MSNM	DNS	
-	3	1136	DARRNESSHAN	MBPJ	DNS	
-	4	21	MOHAMMAD HAIMAN HAKIM BIN SAYUTI	TEAM COACH RADELEA	DNS	
-	4	19	WAN ISHMEL THOHAA BIN WAN MUHAMMAD ASRUL ARIF	TEAM COACH RADELEA	DNS	
-	4	1704	LIM CHEE KENG	SM STELLA MARIS PUDU	DNS	
-	3	275	LEE XIN YE	FALCON ATHLETICS	DNS	
-	3	987	THISHANTH A/L ARUL MURALI	SMK KOMPLEKS KLIA	DNS	
-	3	1198	THIVANESH KUMAR A/L RAMESH KUMAR	MSPAANG	DNS	



RESULT
